

19th WFOT 2026 - Bangkok



Facilitating Evidence-Based Practice in Danish Occupational Therapy:

Insights from the New Research Policy by the Danish Occupational Therapy Association

“We aim to work in a more evidence-based way,
but how can this be achieved in a busy everyday practice,
with limited time for literature searches and critical reflection?”

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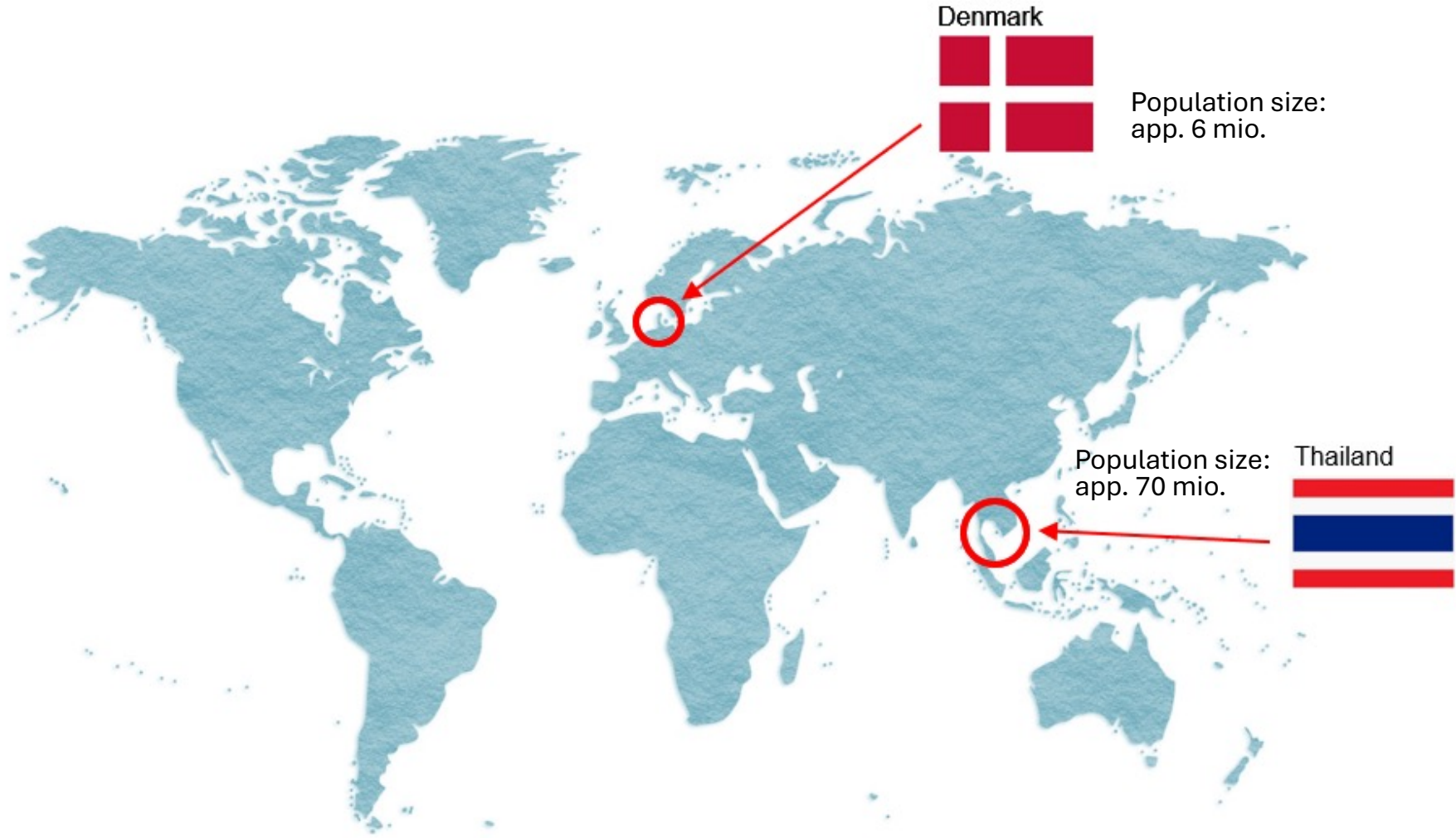
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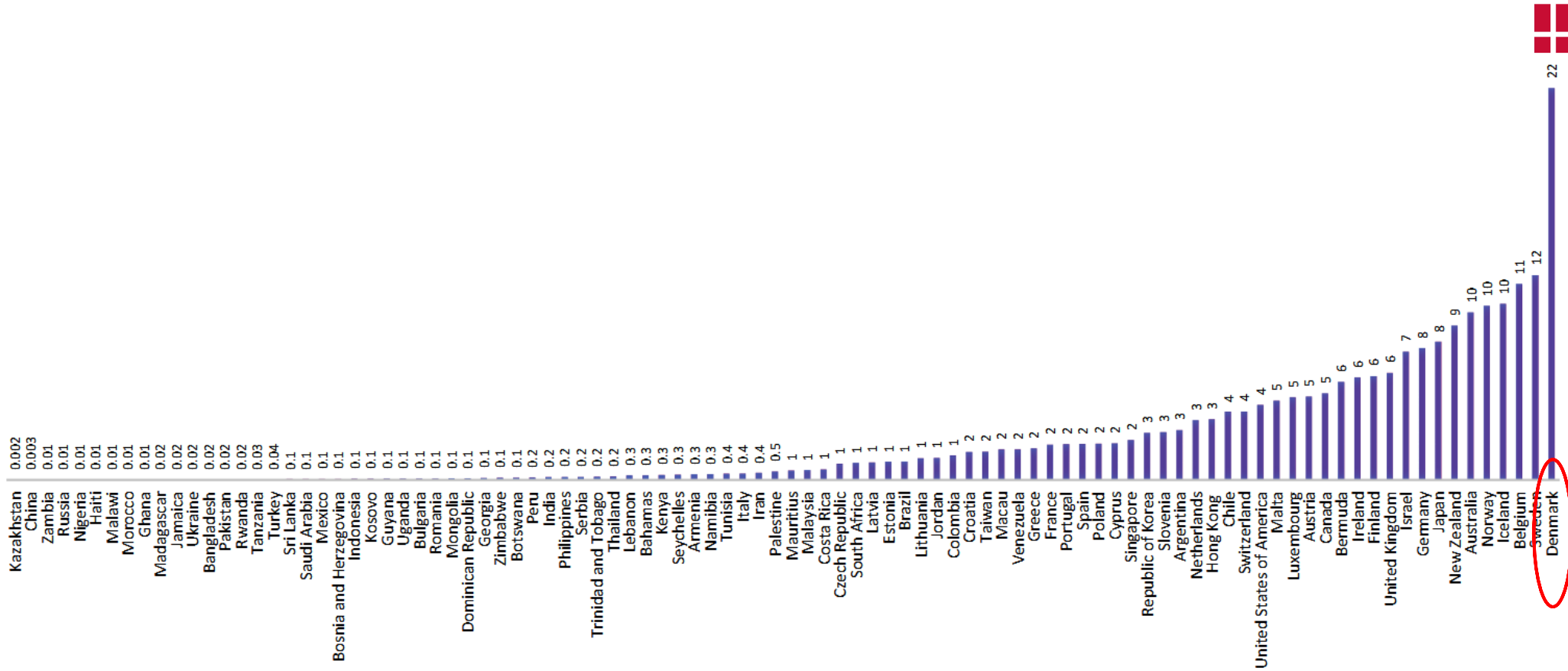


The Danish Occupational Therapy Association



The Danish Occupational Therapy Association

Number of occupational therapists per 10,000 head of population



n = 96 (100%)



Introduction

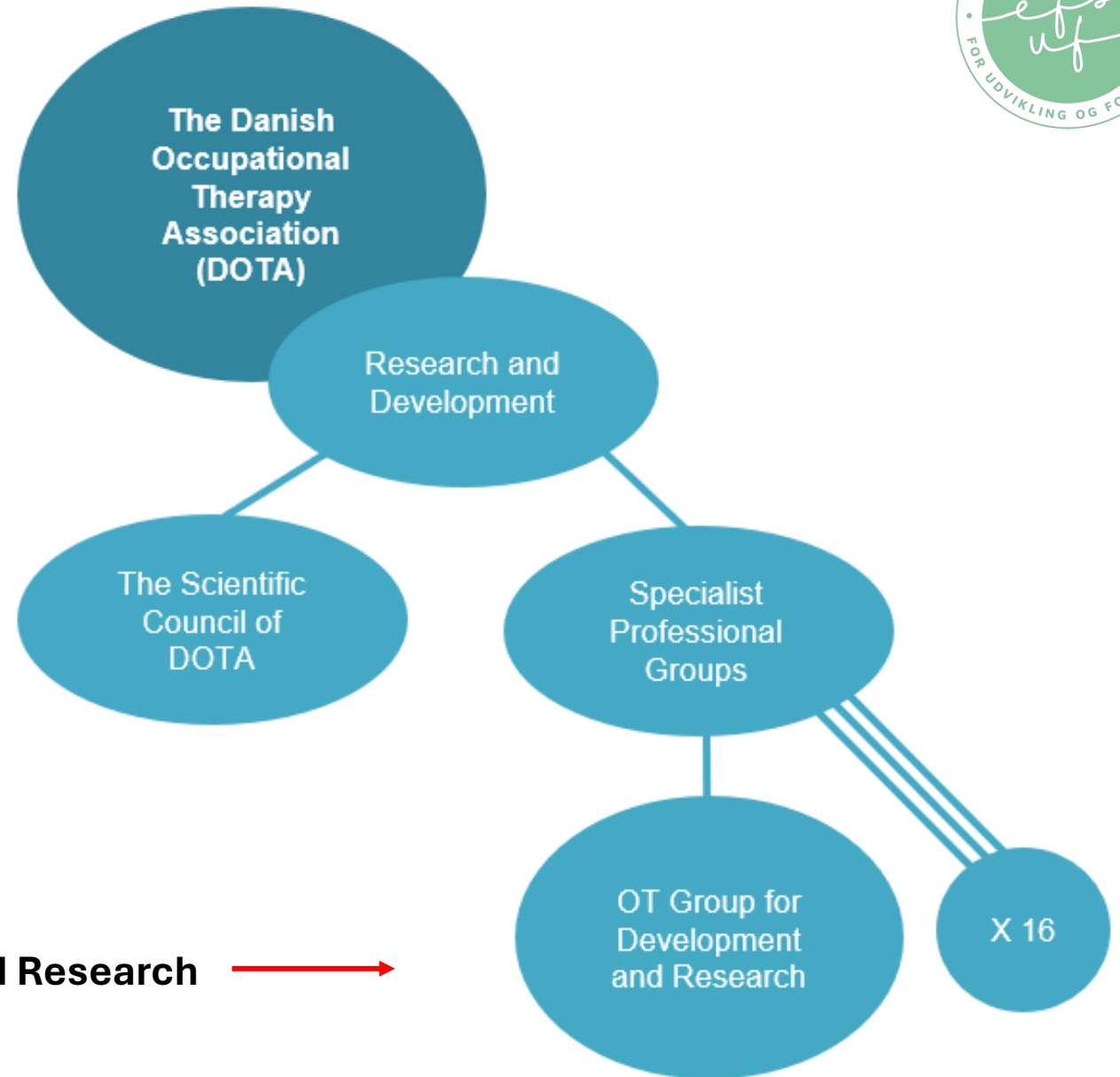
- Increasing societal demands for evidence-based and effective healthcare
- Urgent for occupational therapy to ensure the basis of the profession and further development
- The Danish Occupational Therapy Association has established a scientific council to develop research policy for occupational therapy
- For occupational therapy to implement the recommendations across education, research and clinical practice
- Our goal is to assist OT's from practice to use or implement these recommendations

Objective

To outline initiatives to promote quality development and research in the OT profession to enhance evidence-based practice (EBP)

The Danish Occupational Therapy Association – Building Development & Research Capacity

The purpose of the Scientific Council →



The purpose of OT Group for Development and Research →

The New Research Policy by the Danish Occupational Therapy Association (DOTA)

The three superior recommendations of the research policy:

1. Intervention research in everyday life can promote citizens' participation in activities

2. Evidence-based practice benefits the citizen

3. University colleges, universities, and clinical research environments should have better research conditions

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Scan for
the New
Research
Policy





Mission:
The OT Group
for
Development
and Research

- To strengthen occupational therapists' opportunities for knowledge-based learning through exchange of experiences, knowledge sharing and networking both locally, nationally and internationally
- To initiate and participate in professional events and courses concerning the development of evidence-based practice and research

Initial steps

Results from Webinar & Survey

- How to lift a good idea from thought to project
- Inspiration to different study designs and research methods
- Budget planning
- Funding applications
- Developing and evaluating complex interventions
- AI as a tool to evidence base practice through literature search and professional reflection
- Implementation evidence in everyday practice

“Research presented in a down-to-earth manner – conveyed in language that makes it easy to translate the finding into practice”.

“Research that changes our everyday lives – not only through big projects, but also through the small steps we take together”.

Next steps

Seminars, workshops & webinars are offered to develop practitioners' skills in:

- Using AI as a tool to evidence base practice
- Conducting Critical Appraised Topics
- Preparing fund applications

Thank you for listening!



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