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# Emancipatory Social Occupational Therapy: social transformation through education and practice

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# Process

## Emancipatory Action Research (EAR) (Cordeiro, 2016)

- **2021 (PhD) - Emancipatory workshops with 10 Brazilian OTs**
- **2023 (Post-Doc) - Emancipatory workshops with 29 participants from 18 countries**
- **2024-2025 (Projects) - Experimental implementation**
- **2025 (Release) - Release of e-book available in three languages** (Portuguese, English and Spanish).
- **2026 - Continuing collaboration for applicability analysis and improvement**

# Theoretical Background

Framework based in **Historical Dialectical Materialism**, and developed from the dialogue between

## Latin American Collective Health

- **Interventions aimed at social transformation** to be manifested in better health conditions

## Brazilian Social Occupational Therapy

- **Everyday life (cotidiano) and human activity** are situated in history and in socio-political context
- **OT as multi-sectoral professionals (scope beyond healthcare)**
- **Social OT practice is not clinical**

(Godoy-Vieira, Malfitano, Soares, 2024)

# Emancipatory Social Occupational Therapy

Object	What is transformed by ESOT intervention?	<b>Human activity in cotidiano (everyday life)</b>
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(Godoy-Vieira, Malfitano, Soares, 2024)

# Emancipatory Social Occupational Therapy

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<b>Product</b>	What is the <b>expected outcome</b> of ESOT intervention?	<b>Radical participation in cotidiano (everyday life)</b>

(Godoy-Vieira, Malfitano, Soares, 2024)

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<b>Means</b>	What is the <b>setting</b> , or what sustains ESOT intervention?	<b>Cotidiano (Everyday life)</b>

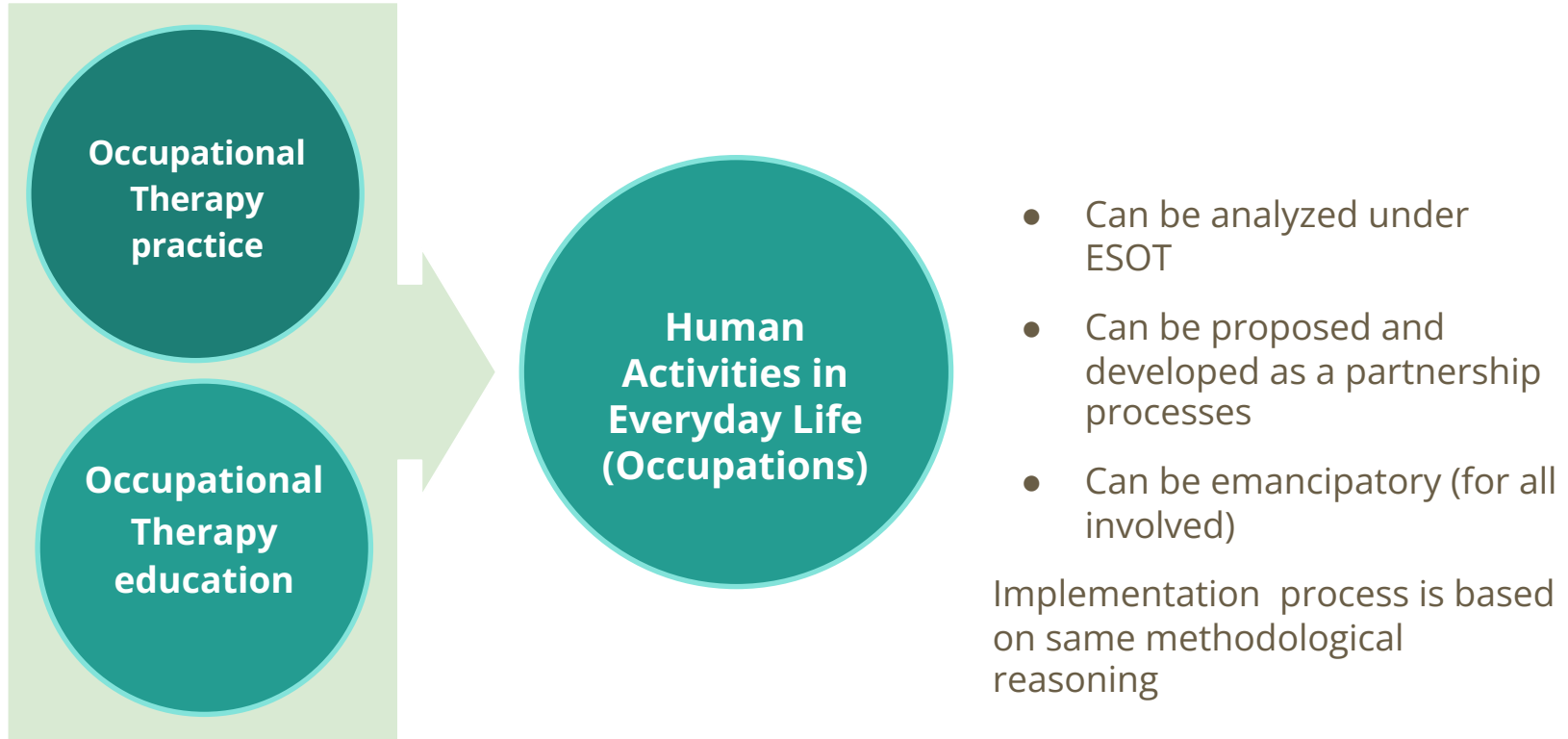
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<b>Theoretical-Methodological Tools</b>	How do ESOTs transform the object, with what resources?	<b>Emancipatory Analysis of Human Activity</b> <b>Emancipatory Proposition of Activities</b> <b>Operationalisation of Radical Participation</b> <b>Interventions in the Social Fabric</b>

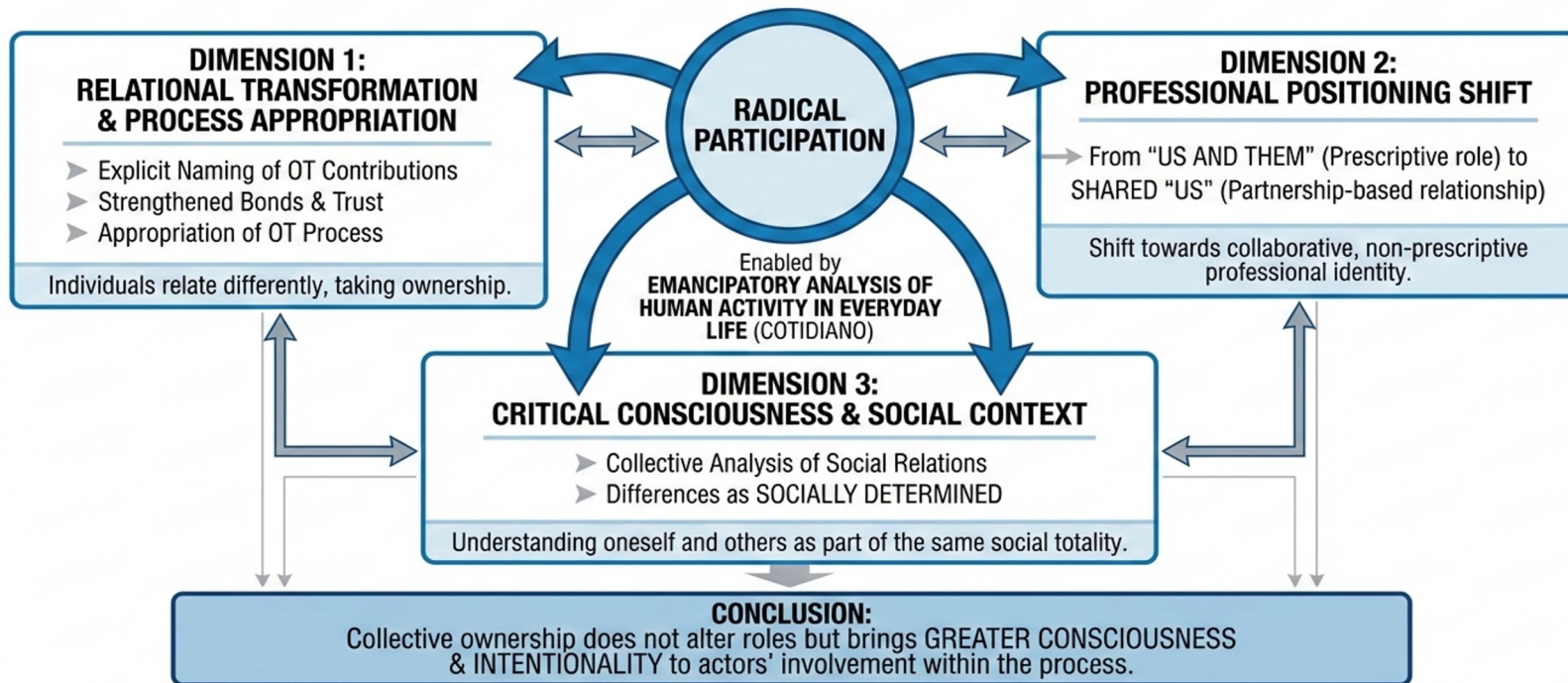
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# Premisse



# Practical implications

## DE-ALIENATION IN EMANCIPATORY SOCIAL OCCUPATIONAL THERAPY THREE INTERCONNECTED DIMENSIONS OF RADICAL PARTICIPATION



# Relevance to education and practice

- A radically critical approach positions OT as a practice committed to analyzing and **transforming elements of the social determination of everyday life**, rather than adapting individuals to oppressive conditions.
- **Educational methodology and emancipatory occupational therapy practice are inseparable, producing complex praxis that integrates education/training and intervention.**
- Clients and students are understood as **protagonists and partners** in the process, actively co-producing analysis, decisions, and actions, **not passive recipients of care or learning content.**

**Thank you!**  
**Obrigada!**

PDF available in 3 languages at:

[bit.ly/EmancipatorySocialOT](https://bit.ly/EmancipatorySocialOT)



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# References

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