

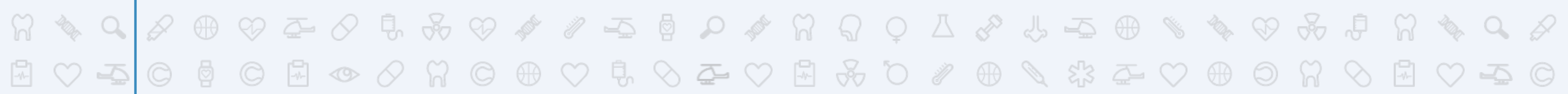


# Occupational Problem Framing

Women with physical disabilities experience:

- **Occupational deprivation** in maternity care
- Disrupted **maternal role participation**
- Loss of **occupational choice and autonomy**
- Systemic exclusion from meaningful motherhood occupations

Motherhood becomes a restricted occupation, not a supported life role





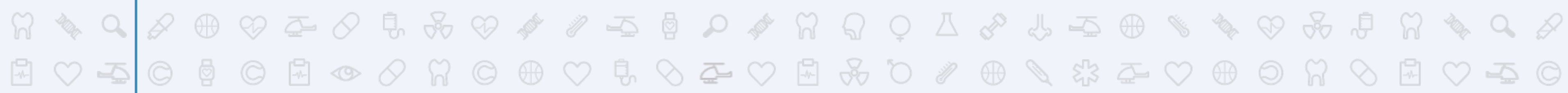
## Framework of Occupational Justice (F-OJ):

- Deprivation
- Marginalization
- Alienation
- Imbalance

## MOHO:

- Volition
- Habituation
- Performance capacity

Combined frameworks explain how systems shape maternal occupation



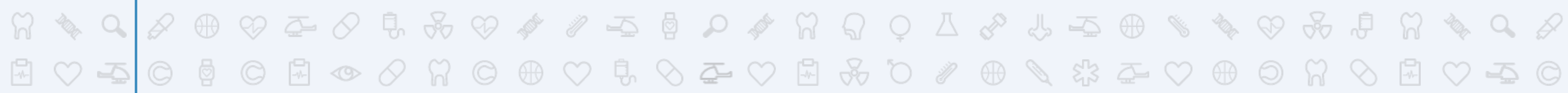
**Scoping review** (6 databases, 17 studies)

**Focus groups:**

- 20 OTs
- 20 midwives
- Context: Estonia

**Deductive thematic analysis**

MOHO + F-OJ analytical structure



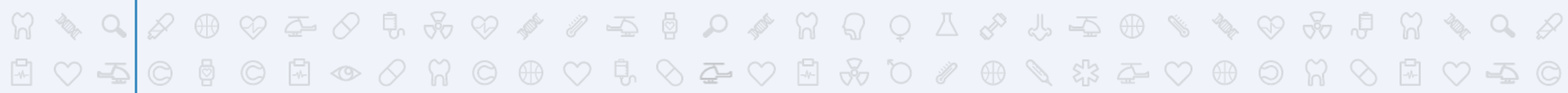


# Occupational Consequences

These barriers create:

- Occupational deprivation
- Role restriction
- Identity disruption
- Increased dependency
- Reduced self-efficacy
- Long-term disengagement from services

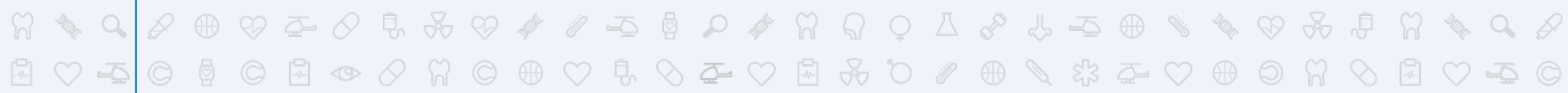
Barriers translate into occupational harm



# OT Practice Domains Identified

From the findings, OT roles include:

- Maternal occupational performance analysis
- Adaptive infant-care occupations
- Environmental modification
- Accessibility assessment
- Postnatal home-based OT
- Provider training
- Systems advocacy





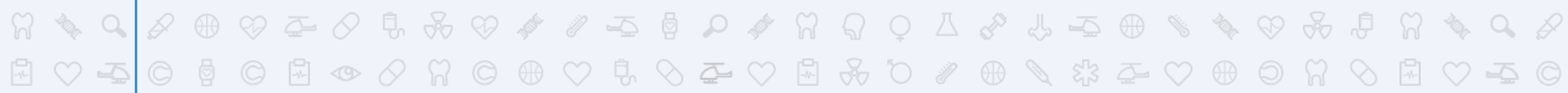


# Professional Conclusion

Motherhood is a meaningful occupation.

Exclusion from motherhood is occupational injustice.

Occupational Therapy belongs in maternity care —  
clinically, structurally, and systemically.



2026

# Empowering Motherhood

## The Transformative Role of Occupational Therapy in Inclusive Maternity Care for Women with Physical Disabilities

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WFOT Congress 2026

