



UNIVERSIDAD
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DE COLOMBIA

PROYECTO **CULTURAL, CIENTÍFICO Y COLECTIVO** DE NACIÓN

Involvement of families in monitoring the achievements of Pediatric Occupational Therapy in a Latin American country

Colombia

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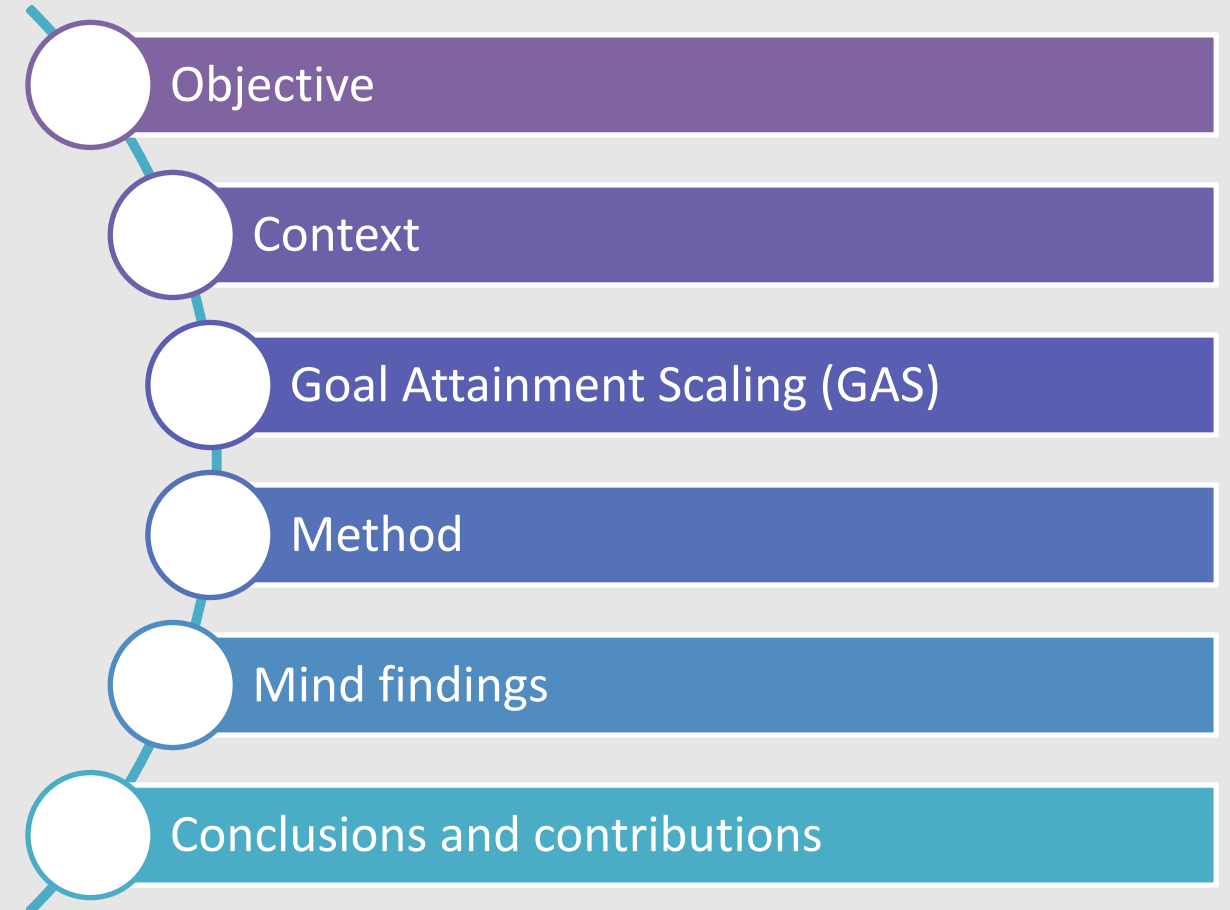
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Content





- The owl is the official mascot of the National University of Colombia. This avatar will accompany the presentation.
- It will reinforce some key messages. The avatar was knitted as an amigurumi piece by occupational therapist Natalia Rodríguez. My former student.

Objective

- To describe parents perceptions of the use of GAS as a measure of goal achievement in occupational therapy (OT) based on sensory integration.

The emphasis is not on validating the tool itself, but on understanding how families experience and value its use during intervention.



Context

The need to assess functional and meaningful goals

Importance of a family-centered approach

Parents as key stakeholders in the therapeutic process





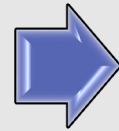
In clinical practice, outcome evaluation goes beyond measuring isolated skills, and requires understanding meaningful changes in children's daily lives and family routines.

Goal Attainment Scaling (GAS)

Individualized
outcome measuring
tool



Focused on functional
and meaningful goals



Allows personalized
assessment of
changes

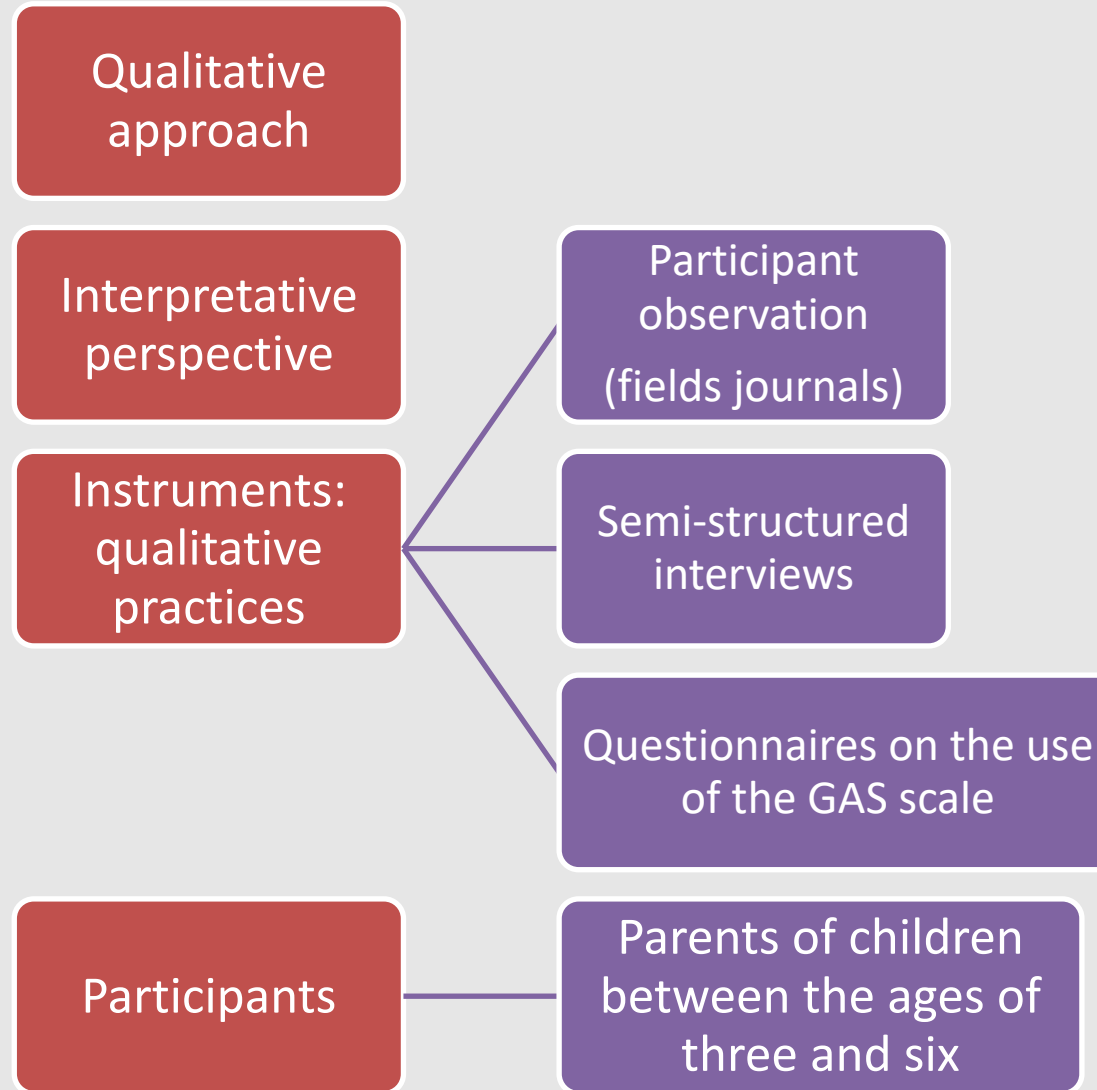


Promotes family
involvement in the
therapeutic process

GAS translates complex
therapeutic objectives into
observable and understandable
goals for families, fostering their
active participation



Method



Area: Sleep and Rest

Significant Goal in Long Term: Sleeps alone in their bed and room with a weighted vest to perform maintained pressure

Goal in Short Term: Sleeps with a weighted vest to perform maintained pressure; in their room, alone in their bed and escorted by their parents until they fall asleep

-2	-1	0	1	2
Much Less than Level Expected	Less than Level expected	Level Expected	More than Level Expected	Much More than Level Expected
Sleeps all the night in the room and bed of their parents	Sleeps with a weighted vest to perform maintained pressure, one part of the night in their room and other part in an auxiliar bed in their parents' room	Sleeps with a weighted vest to perform maintained pressure, in their room and with the escort of the parents until they fall asleep	Sleeps with a weighted vest to perform maintained pressure, in their room and with initial escort from the parents	Sleeps with a weighted vest to perform maintained pressure, alone in their room and in their bed

Mind findings

- Positive perception of the usefulness of GAS
- Improved understanding of therapeutic goals
- Great clarity in monitoring progress
- Appreciation of both the process and outcomes

Conclusions and contributions

- GAS as a communication tool with families

- Alignment between parental expectations and therapeutic goals

- Consistency with family-centered practice models



Conclusions and contributions

Incorporating families perceptions into outcome evaluation is essential for meaningful, ethical and occupation-centered OT practice



GAS strengthens parental participation

Facilitates the assessment of meaningful goals

Relevant for international clinical contexts

Artículo Original

Estudio descriptivo sobre la percepción de los padres acerca del uso de la escala *Goal Attainment Scaling* como medida en el logro de metas de terapia ocupacional basada en integración sensorial

Estudo descritivo sobre a percepção dos pais sobre o uso da escala Goal Attainment Scaling como medida no alcance de metas de terapia ocupacional baseadas na integração sensorial

Descriptive study on the perception of parents about the use of the Goal Attainment Scaling scale as a measure in the achievement of occupational therapy goals based on sensory integration

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If you have any questions, please let me know, and I will gladly answer them personally.

Gracias!

If there are people interested in participating in SBOT can come forward, and I will give them a QR code to register.



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Gracias

