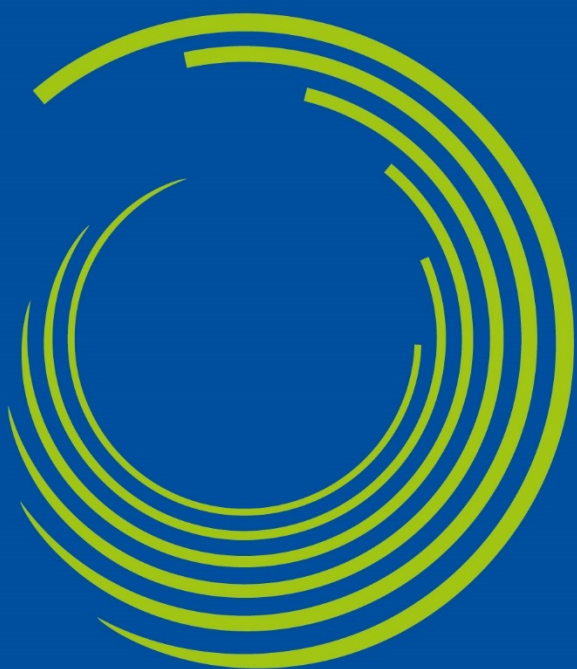


Promoting equity in occupational therapy:

Effective collaborations with Māori in Aotearoa New Zealand

Occupational therapists in colonised societies must address systemic racism and promote inclusive practice, by building respectful, trusting collaborations with Indigenous communities

Factors for occupational therapists to consider when seeking to collaborate with Indigenous communities and organisations, to promote equitable outcomes



OTAGO

POLYTECHNIC

Te Kura Matatini ki Otago

Huhana Whautere | Ema Tokolahi
Yvonne Thomas | Haylee Martell

Methods and Findings

Scoping review design

What can occupational therapists learn from other practitioners about developing collaborative relationships with Māori communities and organizations?

37 Articles

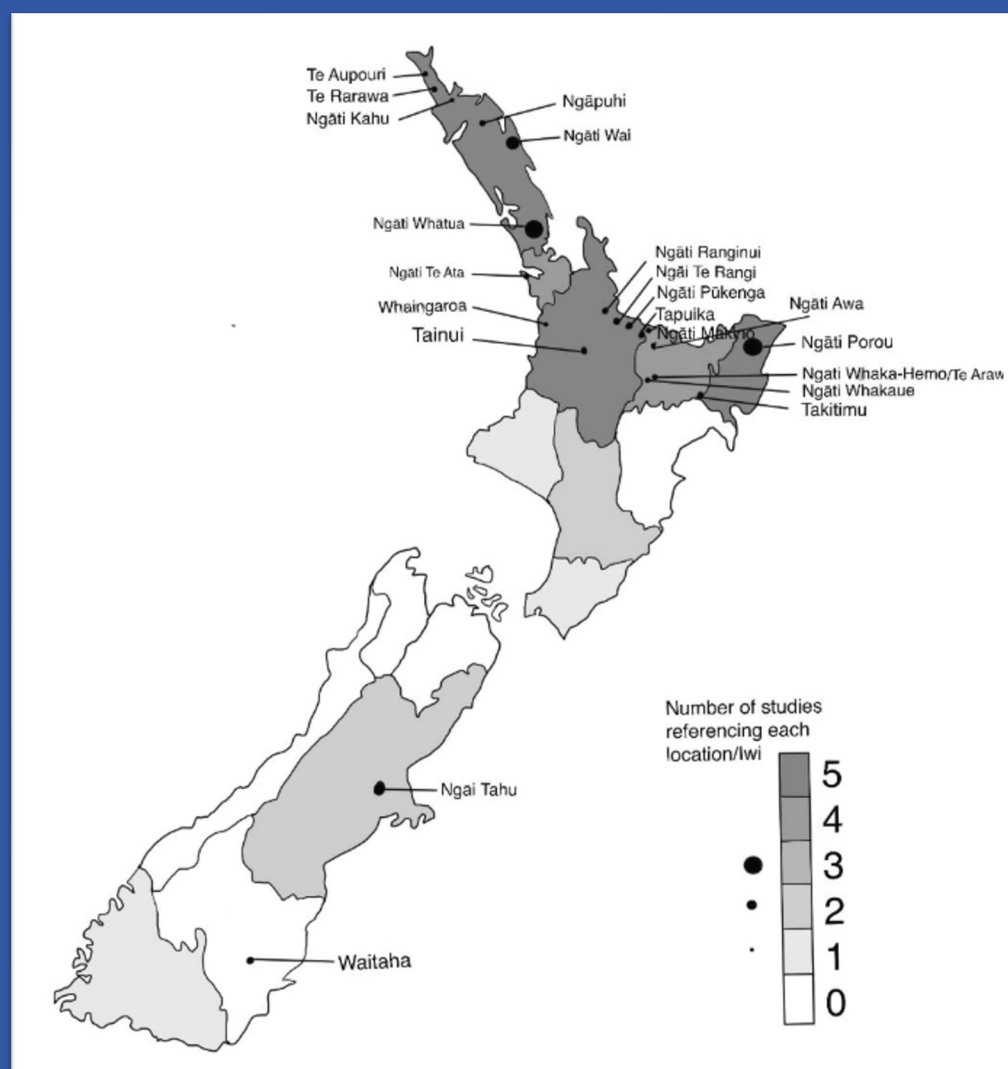
2003-2024

Focus of collaborations

- Health (addressing non-communicable diseases, pain management, obesity, diabetes prevention)
- Health education and relationship between culture, health, and wellbeing
- Social determinants of health (preventing family violence, social housing)
- Collaborative models of health/care delivery

All initiatives aligned with occupational therapy scope, but only one involved occupational therapists directly

Implications and Recommendations



Multiple Kaupapa Māori frameworks exist and should be given due respect for informing collaborative processes

Key elements of successful collaboration

Whaka-whanaungatanga
| building positive relationships

Māori rangatiratanga
| leadership and codesign

Time and resources

Future research: Explicit collaborations between occupational therapists and Māori communities

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