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Barriers and
facilitators in the
provision of
rehabilitation for
traumatic brain injury
survivors. Is there a
way forward?

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Introduction and Methods

- Traumatic brain injury (TBI) is one of the top causes of disability in the younger population.
- Few TBI survivors receive rehabilitation services, especially in low-to-middle income countries.
- Factors influencing the provision of rehabilitation for patients with TBI from the perspectives of public hospital OTs in South Africa.
- A descriptive qualitative research design was used with 16 OT participants. Thematic analysis was used to analyse the raw data.

TBI Rehabilitation: Barriers



“Not a set recipe”

Physical > Cognitive
rehabilitation

“Toolbox”

Contextually relevant
resources and guidelines

“Lost in the cracks”

Admission criteria to rehabs

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Thank you



Leyder, M. C., & Breytenbach, F. (2023). Factors affecting occupational therapy services for patients with traumatic brain injury. *African Journal of Disability (Online)*, 12, 1-13.