

Understanding Leisure Among Adolescents with Mental Disorders

*Challenges, Supports, and Implications for
Occupational Therapy*



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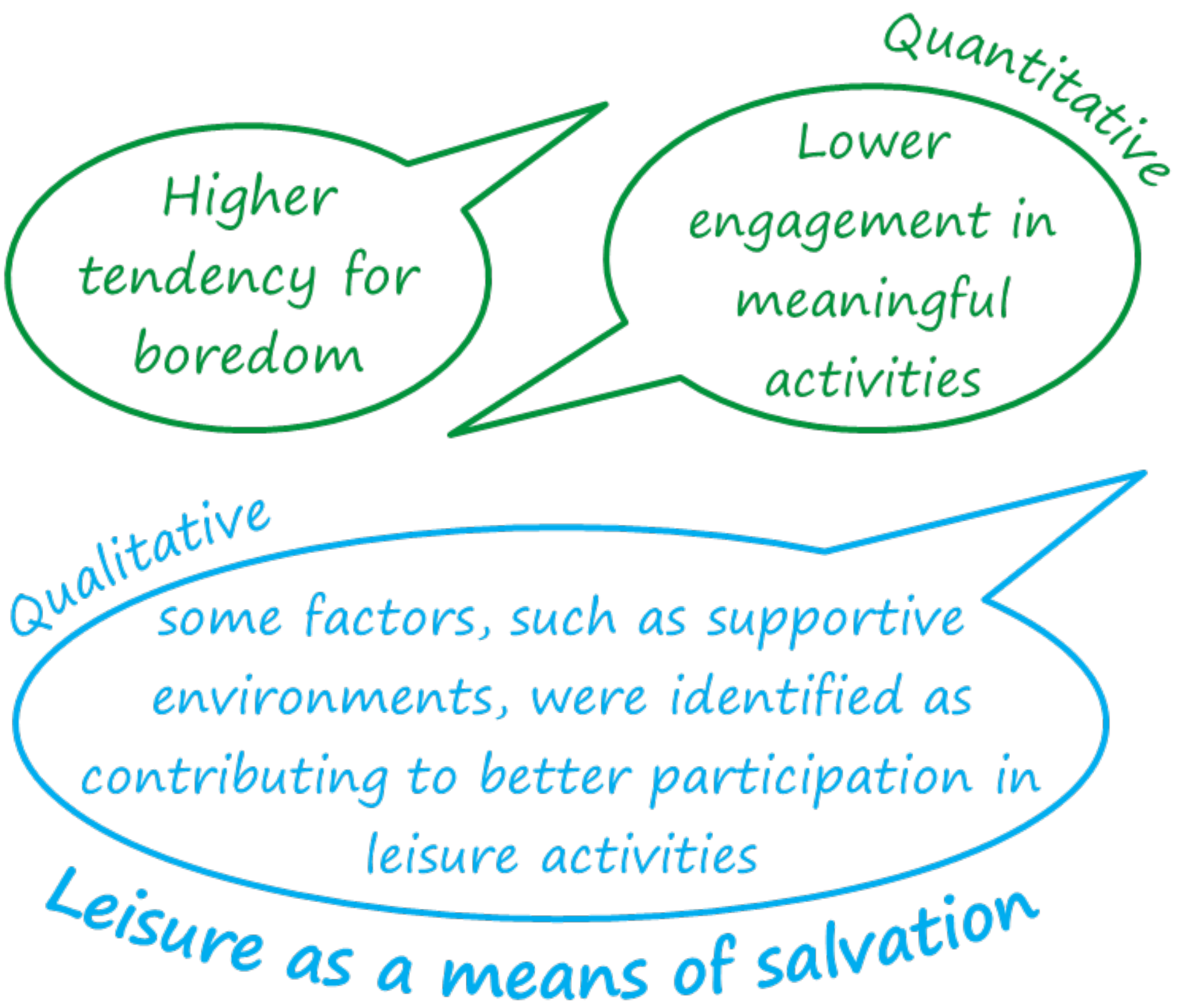
Aim

Examine leisure participation of adolescents with and without mental disorders, identify key factors that influence their engagement in leisure and explore implications for occupational therapy practice

*Supported by a scholarship from
the School of Health Professions and
the Stanley Steyer Foundation*

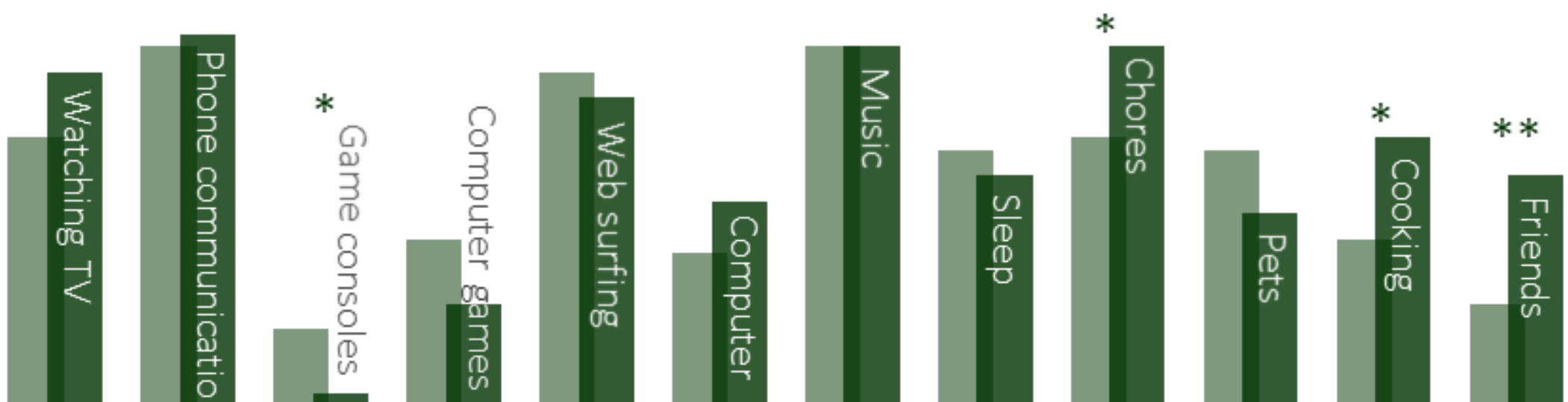
Results

Adolescents with mental disorders face multiple challenges in leisure participation compared to their healthy peers

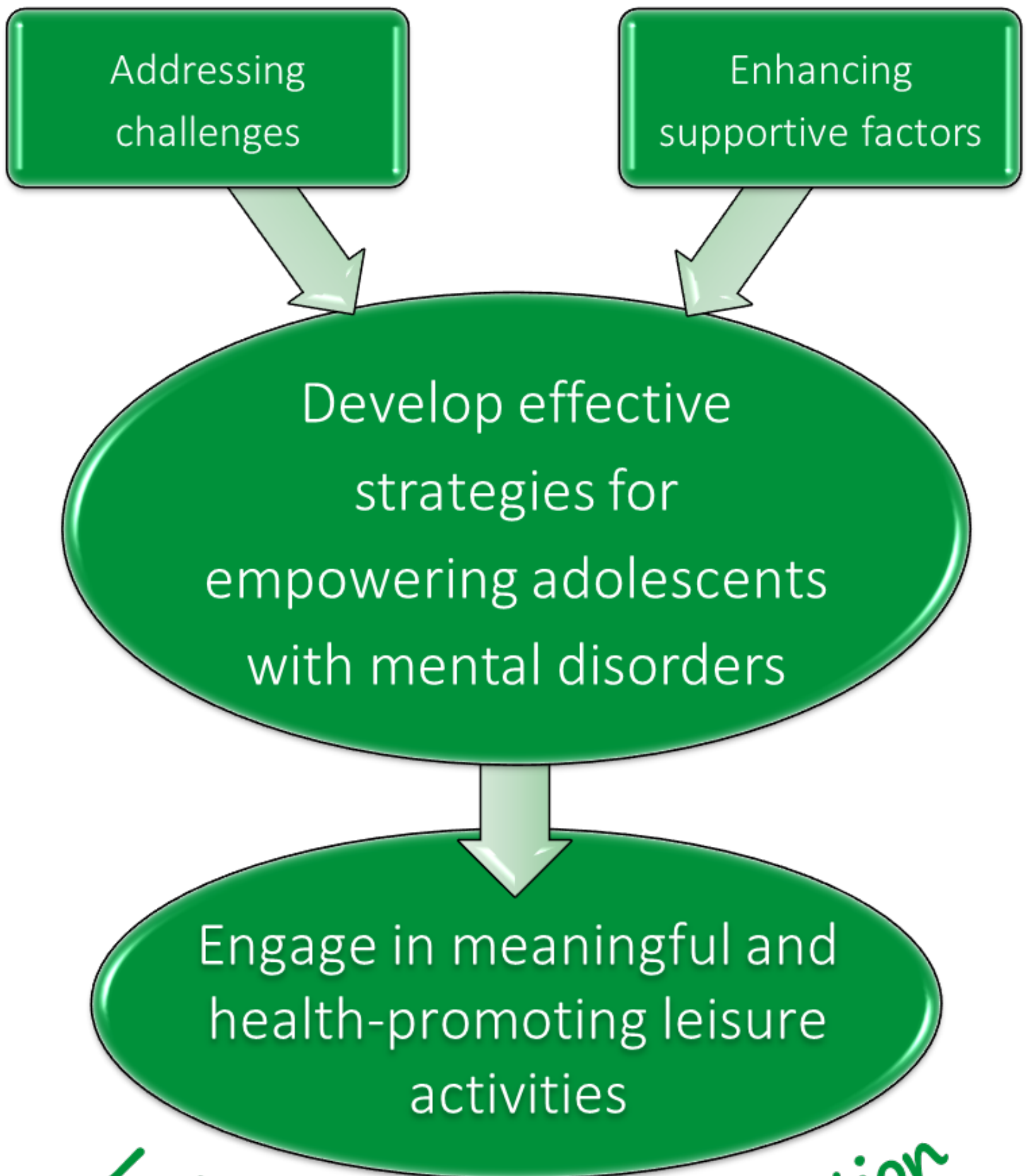


Frequency Participation in Indoor Leisure Activities

■ Adolescents with mental disorders ■ Adolescents without mental disorders



Clinical implications for OTs



Leisure Based Intervention

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