

Canadian Model of Occupational Participation: Evolution and Innovation

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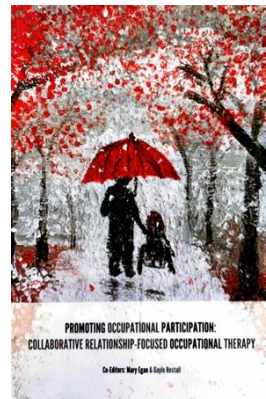
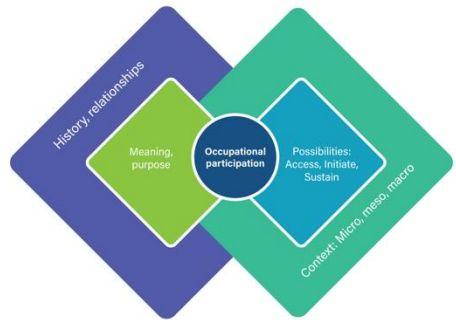
Making our focus and expertise explicit

Focus: Occupational Participation

- *having access to*
 - *initiating*
 - *sustaining*
- } • *valued occupations within meaningful relationships and contexts*

Makes OT expertise and contribution explicit

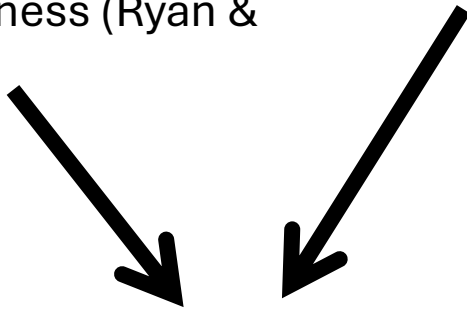
- ✓ Focus on occupation – in all its complexities
- ✓ Work with individuals or collectives (families, groups, communities and populations)
- ✓ Priority occupations as defined by the individual or collective in their vision of a good life
- ✓ Expand occupational possibilities



Exploration of *valued occupation*

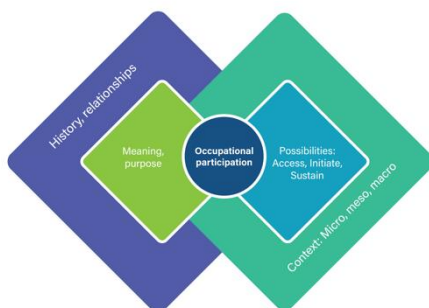
What the individual or collective needs/wants to do to:

- fulfill basic biological and safety needs (Maslow)
- meet human needs for autonomy, competence and relatedness (Ryan & Deci)
- influenced by *history* and *relationships* related to this occupation



PURPOSE & MEANING

of occupational participation for the individual or collective → *what the occupation looks like when it is done in a satisfying way* (what, where, when, with whom, etc.)



Proceeds to expanding occupational possibilities

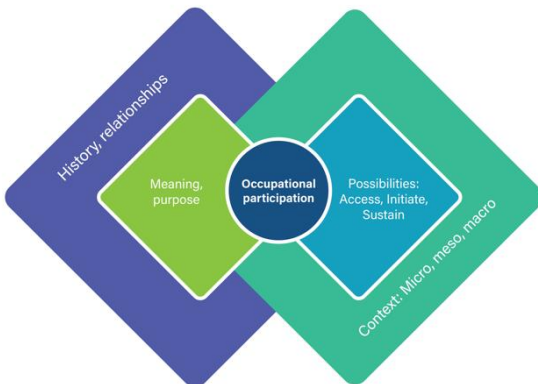
ACCESS

INITIATE

SUSTAIN

Working on micro, meso, and macro contexts to expand occupational possibilities

Occupational possibilities: “the ways and types of doing that come to be viewed as ideal and possible within a specific socio-historical context, and that come to be promoted and available within that context” Laliberte Rudman (2010)



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