

# Rebuilding trust, rebuilding function:

Improving Participation and Activity for people with Persistent Physical Symptoms

**Hilary Lewis**

**Leeds Institute of Health Sciences**, University of Leeds, UK

**Supervisors:** Prof Else Guthrie, Prof Kate Radford, Dr Kate Morton, Dr Faye Wray



**Error**  
Program not responding

OK

# How can occupational therapists best help people with persistent physical symptoms?

- Systematic Review
- Focused Ethnography
- Intervention development



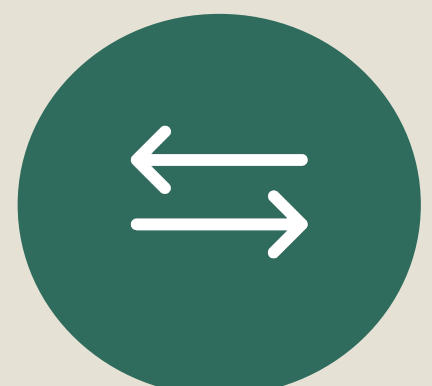
# Rebuilding trust



Validate illness



Understand  
why it feels  
risky



Align  
understandings