

Impact on occupational performance among persons living with long-lasting post-COVID-19 condition in Sweden

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Introduction

- ❑ COVID-19 affects multiple organs and systems in the body which may lead to far reaching consequences.
- ❑ Condition with long-lasting problems has been defined as “post-COVID-19 condition” (PCC).
- ❑ The impact on occupational performance remains scarcely explored.

Objectives

To explore and describe how COVID-19 infection impacted occupational performance among patients in hospital care and primary care during the first year.

Post-COVID-19 condition



AI-generated image. Microsoft Copilot.
(2026)

Method

- ❑ Qualitative content analysis
- ❑ Open-ended question, regarding long-term effect on daily occupations.
- ❑ In interviews with 212 patients



AI-generated image. Microsoft Copilot.
(2026)



Disruption in maintaining occupational identity

↑
Impact on role fulfilment

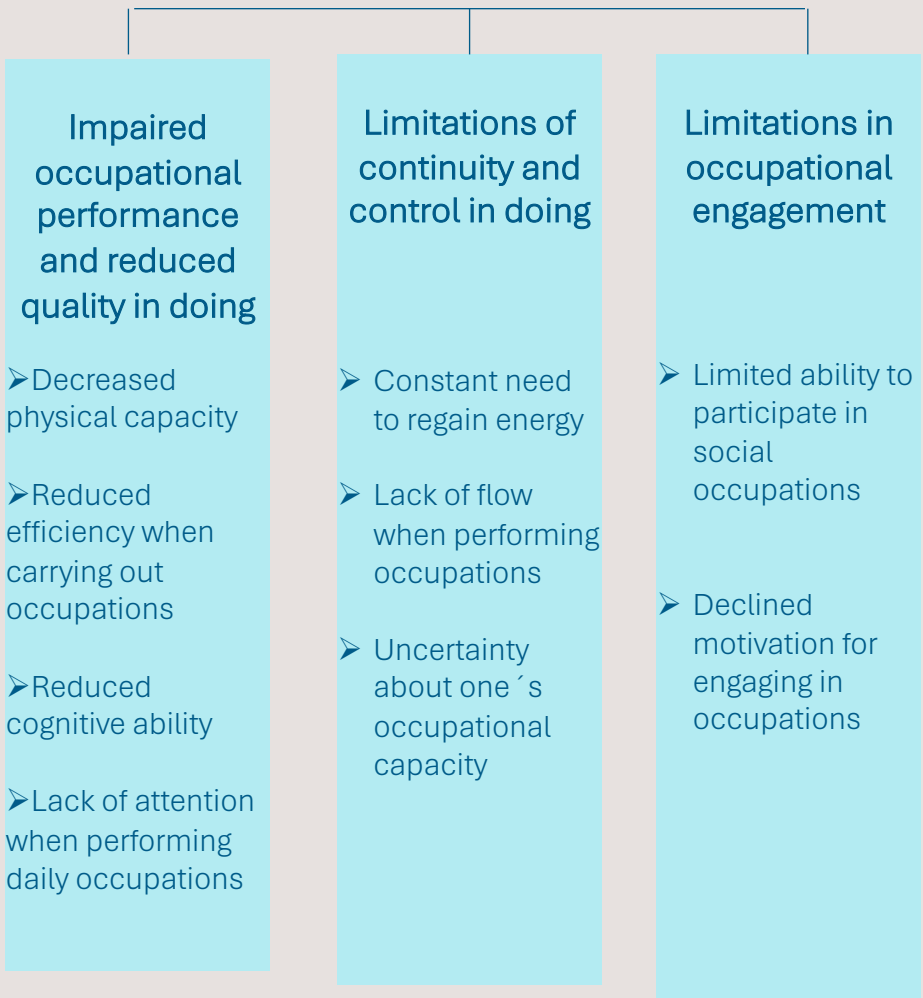


Figure 1. The impact of long-lasting post-COVID-19 on occupational performance,

Conclusion

❑ **Impact of Long-Lasting PCC on Daily Occupational Performance**

may disrupt the maintenance of occupational identity as well as role fulfilment in everyday life.

❑ **Relevance for Occupational Therapy**

Understanding how long-lasting PCC influences occupational performance provides important insights into how occupational therapists can effectively support and address the needs of persons living with PCC.

❑ **Implications for Practice**

The results indicate a need for:

- ***Interventions targeting reduced physical capacity and cognitive abilities***, including measures that allow for rest, recovery, and a balanced pacing of daily activities.
- ***Interventions addressing patterns of daily occupations***, with a focus on fatigue management and achieving occupational balance.
- ***Rehabilitation initiatives targeting the full spectrum of daily occupations***, as challenges in occupational performance extend across the entire everyday context.

❑ **Support Needs**

Persons living with long-lasting PCC may particularly require support in developing strategies to manage the demands associated with social and leisure activities.

Research team

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