



The Influence/s of Intergenerational Trauma on Occupational Engagement for People of Colour in the Global South: A Scoping Review.

1. Context

- This study examined the challenging and adaptive influences of **intergenerational trauma (IGT)**.
- IGT refers to trauma whose effects are transmitted across generations through **familial and community relationships**.
- Intergenerational trauma has significant implications **for occupational engagement**.
- These impacts are especially evident in the **Global South**, where historical marginalisation, oppression, economic underdevelopment and social inequality persist due to colonial and global power imbalances.

2. Method

Research Design

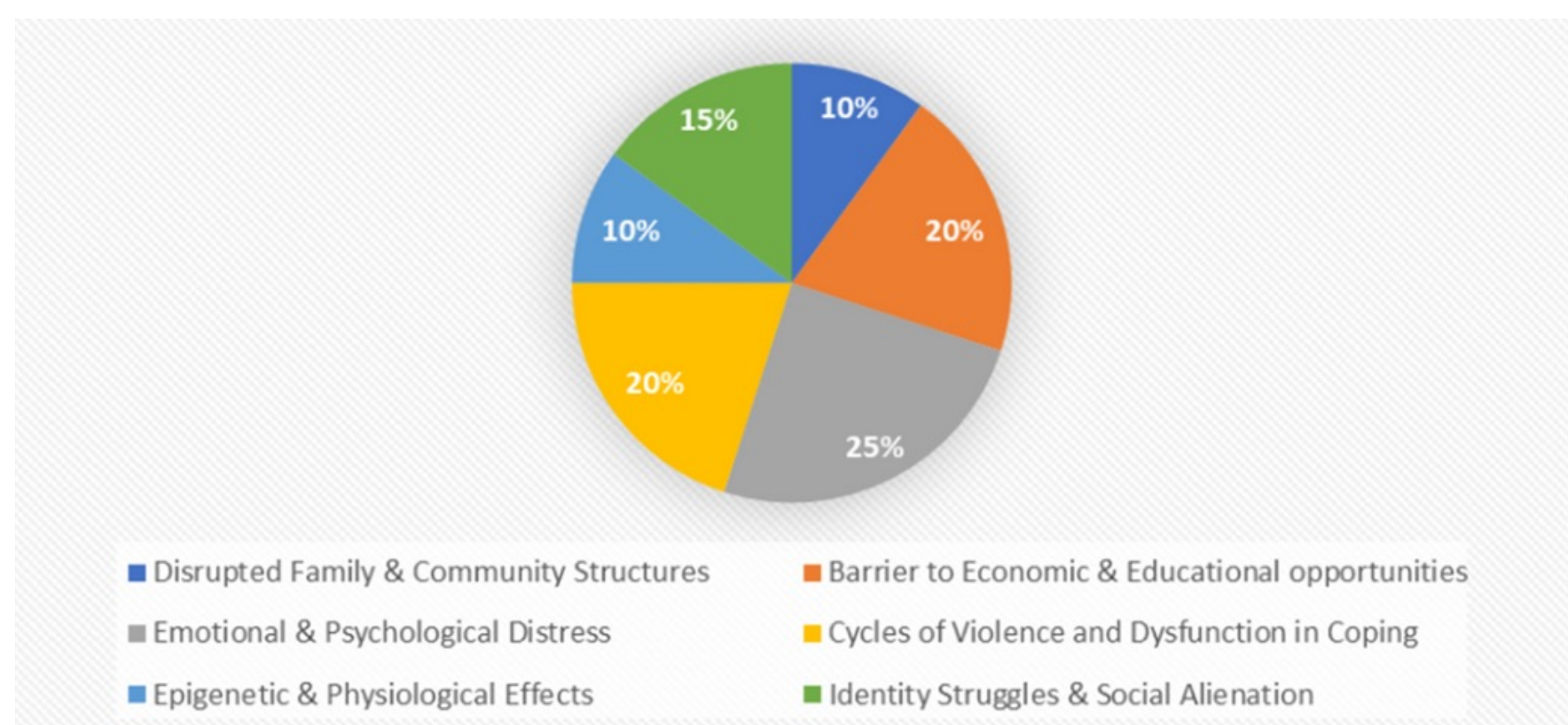
A scoping review methodology



Guided by the Johanna Briggs Institute (JBI) framework

3. Results and Discussion

The challenging influences of IGT on Occupational Engagement



The review identified a **dual narrative**.

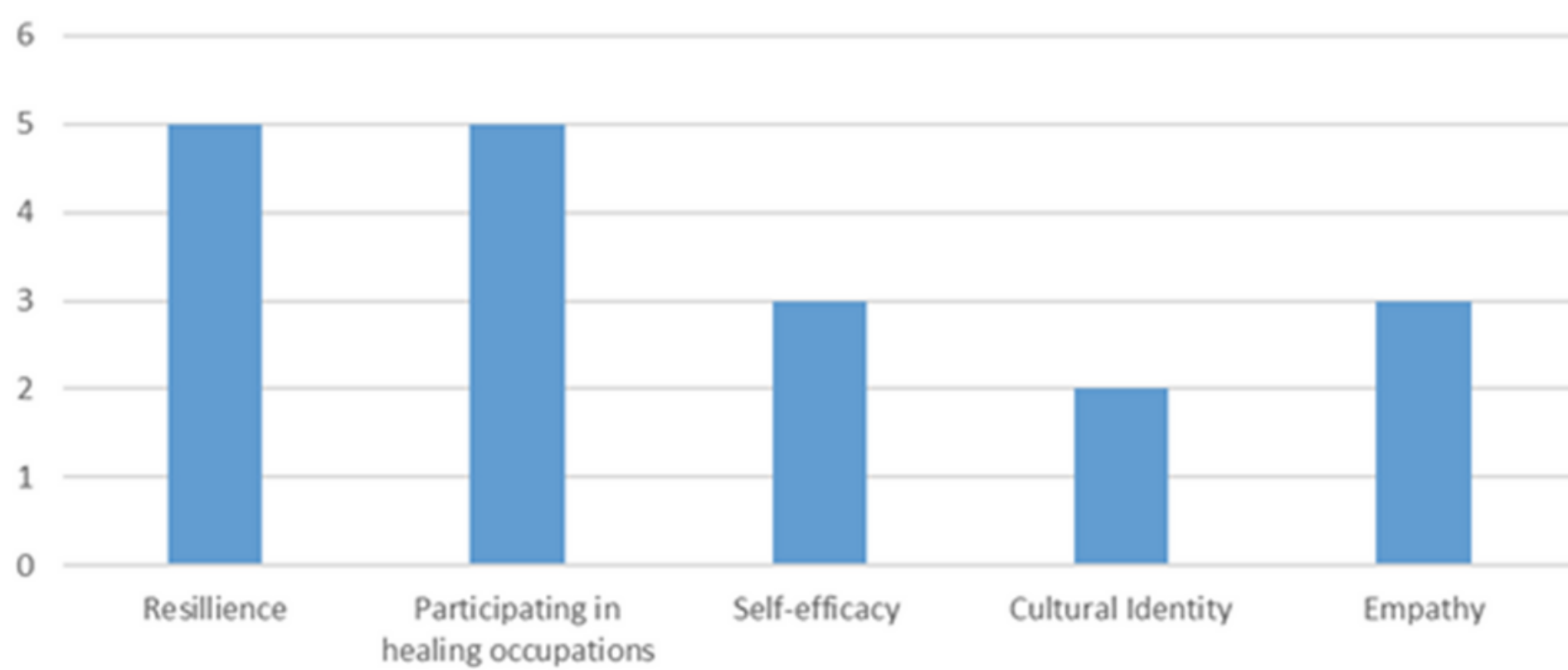
Challenging influences of IGT included **occupational alienation, maladaptive coping, and disrupted emotional well-being**.

Additional impacts were observed in **family and community roles, relational safety, personal identity, and access to economic and educational opportunities**.



4. Results and Discussion (cont.):

The positive influences of IGT on Occupational Engagement



Although IGT is commonly associated with **psychological distress and occupational disruption**, evidence also highlights adaptive outcomes.

Trauma legacies can foster **resilience, empathy, and adaptive coping**.

- **These adaptive influences support cultural continuity, interpersonal healing, and positive occupational engagement.**

*In the context of IGT, Occupational Therapists are encouraged to create **culturally safe spaces** that enable individuals to:*

explore, reclaim, and express

***personal and collective identities** through occupations.*



5. Conclusion & Way Forward:

- Occupational engagement can function as both a **pathway to wellbeing** and a **site for disruption** for individuals and communities affected by intergenerational trauma (IGT).
- The review identified significant gaps in understanding how IGT specifically influences **daily roles, habits, and routines**, particularly in Global South contexts.
- There is a need for **culturally grounded intervention approaches** that promote well-being when working with populations experiencing IGT.
- Failure to address IGT risks perpetuates **cycles of occupational disruption, reduced quality of life and also intergenerational trauma**.