

The Bridging Participation Knowledge & Practice program (Bridge-P): An innovative training program for building the capacity of therapists to become participation-focused knowledge brokers

WFOT Congress 2026

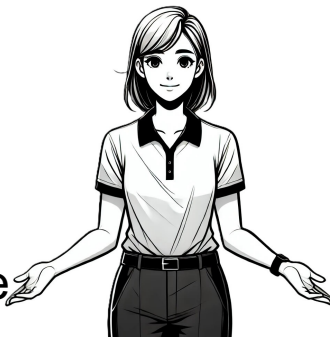
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Rational

- ✓ Promoting participation is central to occupational therapy.
- ✓ There is a gap between therapists' knowledge about participation and their actual practice.
- ✓ Knowledge brokers (KB) are research and practice intermediates facilitating Knowledge Mobilization (KM).



Research evidence

Best practice

Bridge-P

An innovative training program to equip occupational therapists with skills to perform knowledge brokering activities and lead change toward a focus on participation (30-hr, 5 months)

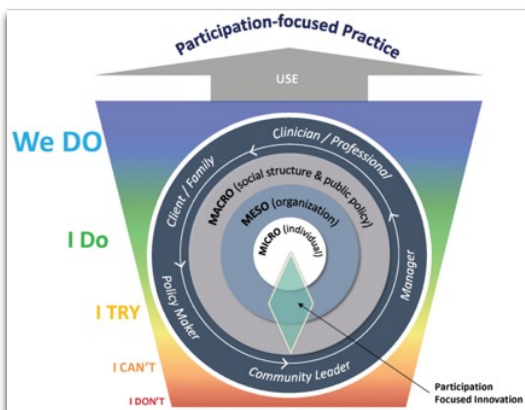
Evidence on participation-based frameworks and practices

KB roles: information manager, linking agent, capacity builder

Initiating environmental and organizational changes: micro, meso, macro levels

Practical skills and project development

Participation-focused Knowledge Translation Roadmap (Anaby et al., 2021)



Therapists (n=16) designed and implemented a participation-focused KT plan to integrate participation focused initiative in their schools

Knowledge Brokers Role Components Survey (KBRCs); 3 time-points

Activities: Information Manager, Linking agent, Capacity builder

Strategies: Micro, Meso, Macro levels



Performance, Contribution (1-10)

Activities

Increases in performance from T1 to T3:

Information manager ($Z=-2.52$, $p=.012$);

Capacity builder ($Z=-2.19$, $p=.029$).

Changes in contribution across 3-time points:

T1-T2-T3 Information manager ($\chi^2(2)=6.89$,

$p=.032$)

Strategies

Increases in strategy performance and

contribution at micro, meso, and macro levels

($\chi^2(2)=11.06-17.19$, $p\leq.05$).

Initiatives

Incorporating participation-focused goals,

interdisciplinary collaborations, and addressing

environmental barriers for participation.

Take-home message

Developing occupational therapists' skills as participation-oriented KBs can ensure the adoption and sustainability of participation-focused innovations