

# The Impact of Suicide Bereavement on Parents' Occupational Performance

**A qualitative case study in  
Occupational Therapy**

**Authors:**

Letícia Lachouski | Pamela Figueiredo

Supervisor: Monica M. M. Ignacio

**Federal University of Paraná – Brazil**

Disclosure: No financial disclosures

# Aim & Method

- **Aim**

To identify the impact of suicide grief on parents' occupational performance.

- **Method**

- Qualitative case study
- Semi-structured interview
- Parent who lost a child (18–25 years)

- **Data Analysis**

Content Analysis (Bardin, 2010)

**Process:**

- Pre-analysis, coding, categorization, and interpretation
- Categories based on the Canadian Model of Occupational Performance (Self-care, Productivity, Leisure)

# Key Findings & OT Implications

## Key Findings

- Significant disruption in **self-care, productivity, and leisure**
- Reduced motivation, concentration, and social participation
- Strong influence of **guilt, stigma, spirituality, and support networks**
- Grief reshapes identity, daily routines, and occupational roles

## Implications for Occupational Therapy

- Need for **grief-informed OT interventions**
- Strengthening **support networks**
- Promoting **meaningful occupations and re-engagement in life**