

# WFOT



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*Inspiring Change, Innovating Futures*

# Experiences from the professional practice of Occupational Therapy in Occupational Health in Colombia

*Olga Beatriz Guzmán Suárez, Lina Tatiana Franco Ibarra, Juan Manuel Arango Soler, Lady Johana Mogollón Cárdenas, Jaime Moreno-Chaparro & Flor Esperanza Rodríguez*

**Olga Beatriz Guzmán Suárez**  
OT. Esp. Mg. PhD. Occupational Health Sciences  
Associated Professor  
Human Occupation Department  
Faculty of Medicine

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# Introduction

## 1966 OT in Colombia **expanded** into occupational health

- Occupational analysis of work and productive activities



## 1993 **Agents of change**

- Health **Promotion** and **Prevention** occupational illnesses
- Comprehensive **rehabilitation**
- **Reintegration, guidance, inclusion** and **habilitation**

*Colombian Congress. Law 100 of 1993. Social security system*

*Colombian Congress. Law 949 de 2005. National professional Law - Occupational Therapy*

# Occupational Health



## Occupational Health and Safety

- In Colombia
- Biomedical paradigm → Comprehensive and preventive

*To improve working conditions and the working environment, as well as occupational health, which entails promoting and maintaining the physical, mental, and social well-being of workers in all occupations.*

Colombian Congress. Law 1562 of 2012  
Colombian President office. Statement 1072 of 2015

- Important agent in the system
- Increases professional participation

**O.T.**



# Objective

To ensure that **occupational therapists** receive training through **comprehensive practical experience** and develop the **necessary skills** for their **professional practice** in the **labor area** (including Occupational Health and Safety).

# Methods

## Design

Qualitative study

Phenomenological focus

Descriptive approach

## Population

Students

Undergraduate OT

Professional Internships

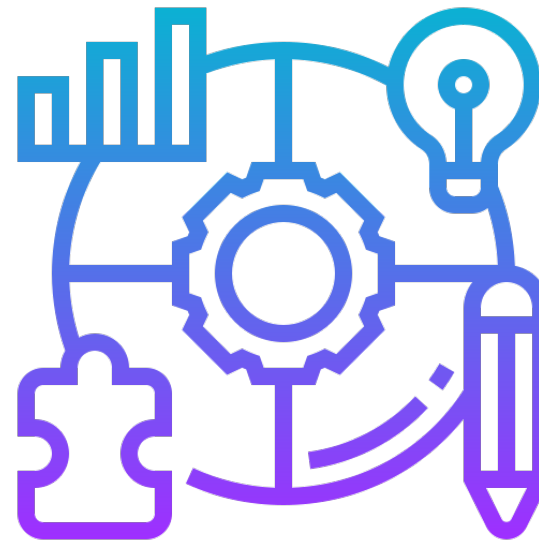
Labor area

## Data

Interviews

Report documents

Historical documents



## Time frame

November 2010 - November 2023

## Analysis

By learning categories:

- Concepts
- Methods
- Materials
- Skills

# Results

390

Students in



780

Companies with different

- Sizes, economic activities and types of risk



2

Occupational Health risks administrators



Successfully information Saturation

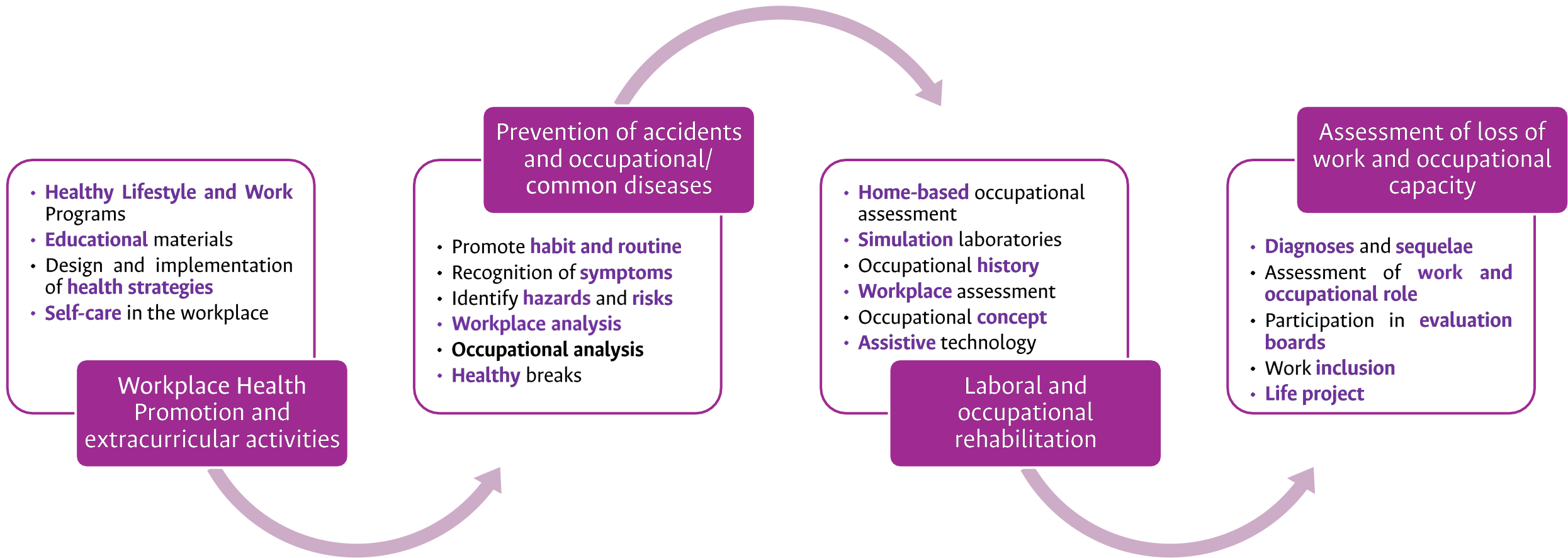


## Training, learning, and skills

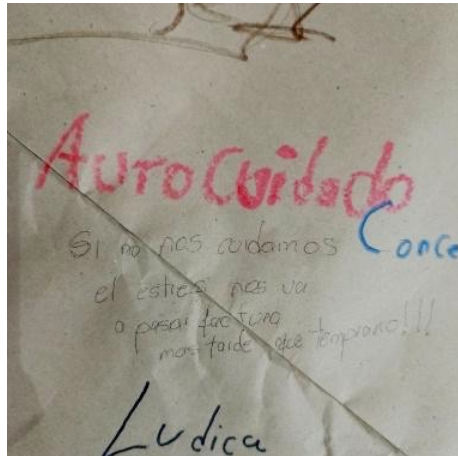
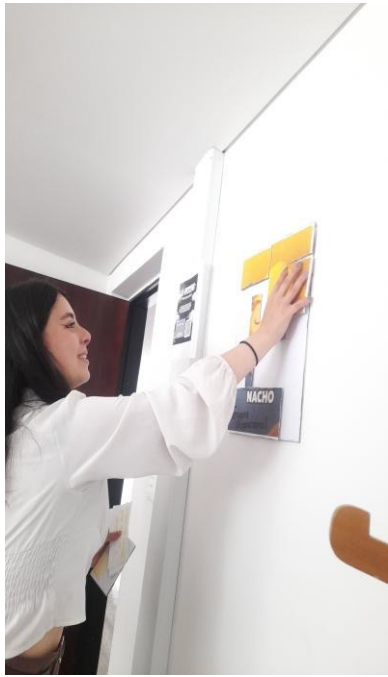
- 50-hour course in **occupational safety**
- Recognition of **legal regulations**
- Application of **technical standards**
- **Management** skills
- **Teamwork** and **soft** skills
- **Empathy** and **therapeutic framing**
- **Situational reasoning**
- Use of **media** and **modalities**



# Main categories



# Activities



# Conclusions

- ❑ **OT** and **occupational health** (*health and safety at work*) are disciplines with **common core knowledge** and **collaborative work**.
  - ❑ For **OT**, there is a **field of action** with multiple possibilities, as it highlights its activities in **promoting health, self-care**, and the **nature of occupation**; **prevent workplace accidents and occupational diseases**, is involved in **rehabilitation processes, inclusion** or **life planning**.



- ❑ These experiences position **OT** among various disciplines and make it a **participant and leader** in the design, formulation, implementation, evaluation, and monitoring of public policies on **occupational health**.

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**Gracias, Thank You,** ໝາກ  
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