

Applications of the Intentional Relationship Model in Occupational Therapy: A Scoping Review

Mapping applications, contexts, and assessment tools

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Why the Intentional Relationship Model (IRM)?

Why a Scoping Review?



Why IRM?

Therapeutic relationship as a core occupational therapy process



IRM as a structured guide for interpersonal reasoning and use of self



Why a scoping review?

IRM literature dispersed across education, practice, and measurement work



Purpose and Review Focus



MAP

Map how the IRM has been used in occupational therapy



CONTEXTS

Identify *contexts* and *populations* studied



TOOLS

Summarize *assessment tools* derived from the IRM



Methods Overview

SEARCH

- Scoping review guided by established frameworks

SCREEN

- Population–Concept–Context (PCC) approach

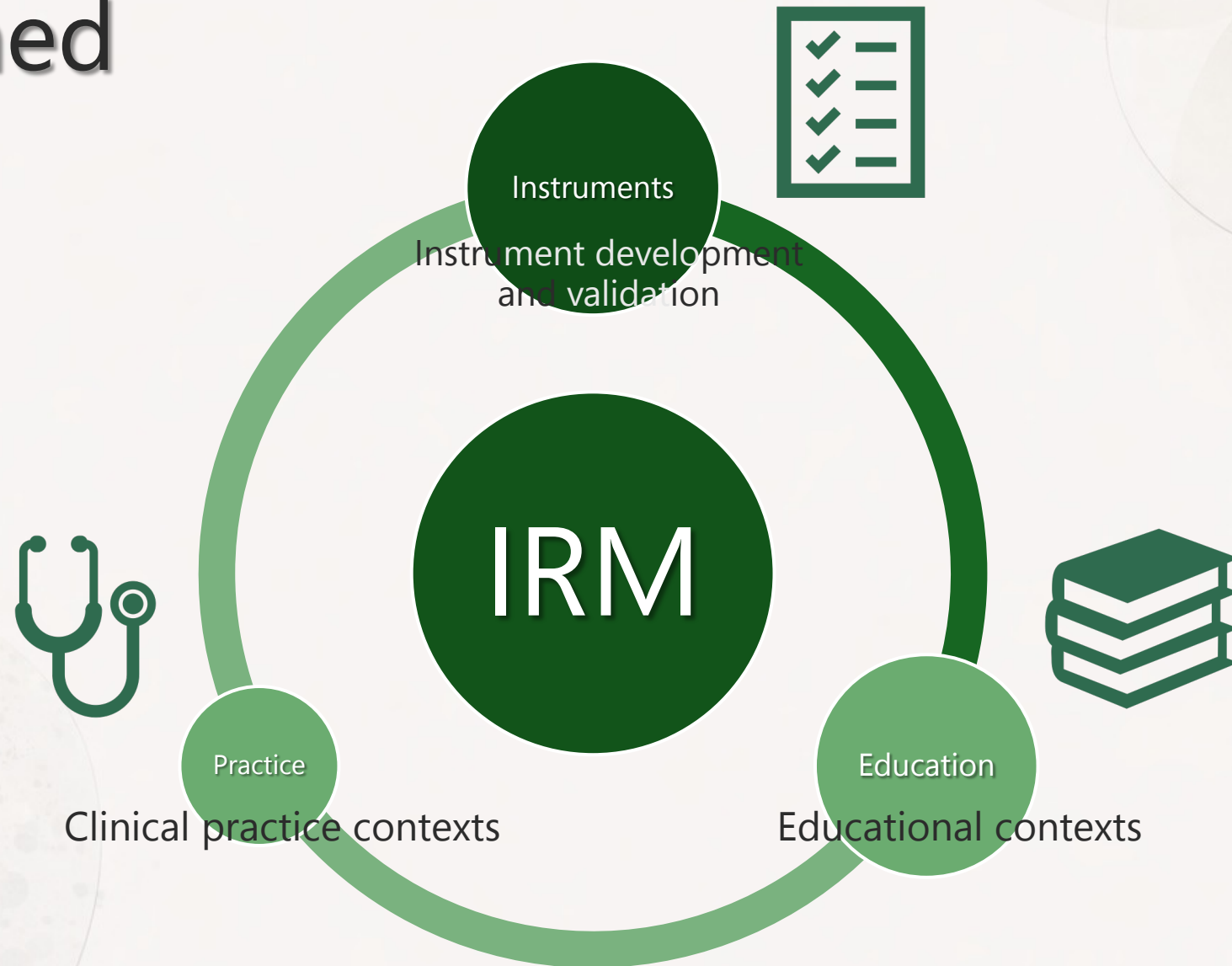
- Multiple databases and systematic screening

SYNTHESIZE

- Mixed deductive–inductive qualitative content analysis



Contexts in Which the IRM Has Been Examined



Populations Studied *and* IRM Assessment Tools

POPULATIONS STUDIED



Students



Therapists



Clients and Caregivers

ASSESSMENT TOOLS

- Predominance of therapeutic mode preference tools
- Fewer tools assess client characteristics
- Limited focus on interpersonal events



Gaps and Areas for Future Research

- Limited applied use of IRM beyond instrument validation
- Few longitudinal or outcome-focused studies
- Underrepresentation of diverse cultural and practice contexts



Key Takeaways and Implications for Occupational Therapy

- *IRM research is dominated by assessment development*
- Measurement-focused studies outnumber application studies
- Opportunities exist for integrative, practice-focused research



Thank you



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