



Development and Initial Psychometric Properties of the Filipino Children's Well-being Scale

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Introduction

- Well-being is one of the ultimate outcomes of occupational therapy
- There is currently no standard way to measure it
- We must understand what it means and constitutes
- A child-centered and participatory approach is important

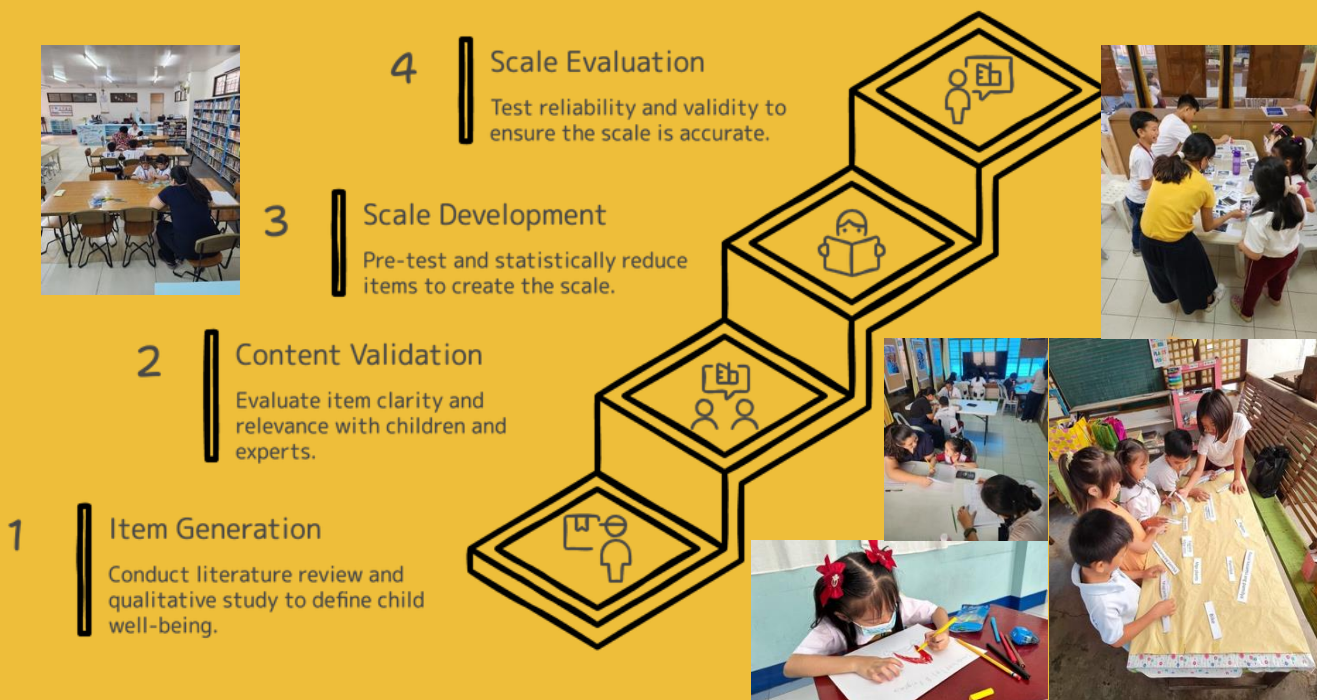
“Occupational therapy promotes health & **well-being** by supporting participation in meaningful occupations that people want, need, or are expected to do.”

- WFOT, 2025

Objective

- To develop a valid and reliable instrument to measure the well-being of young Filipino children using a participatory approach

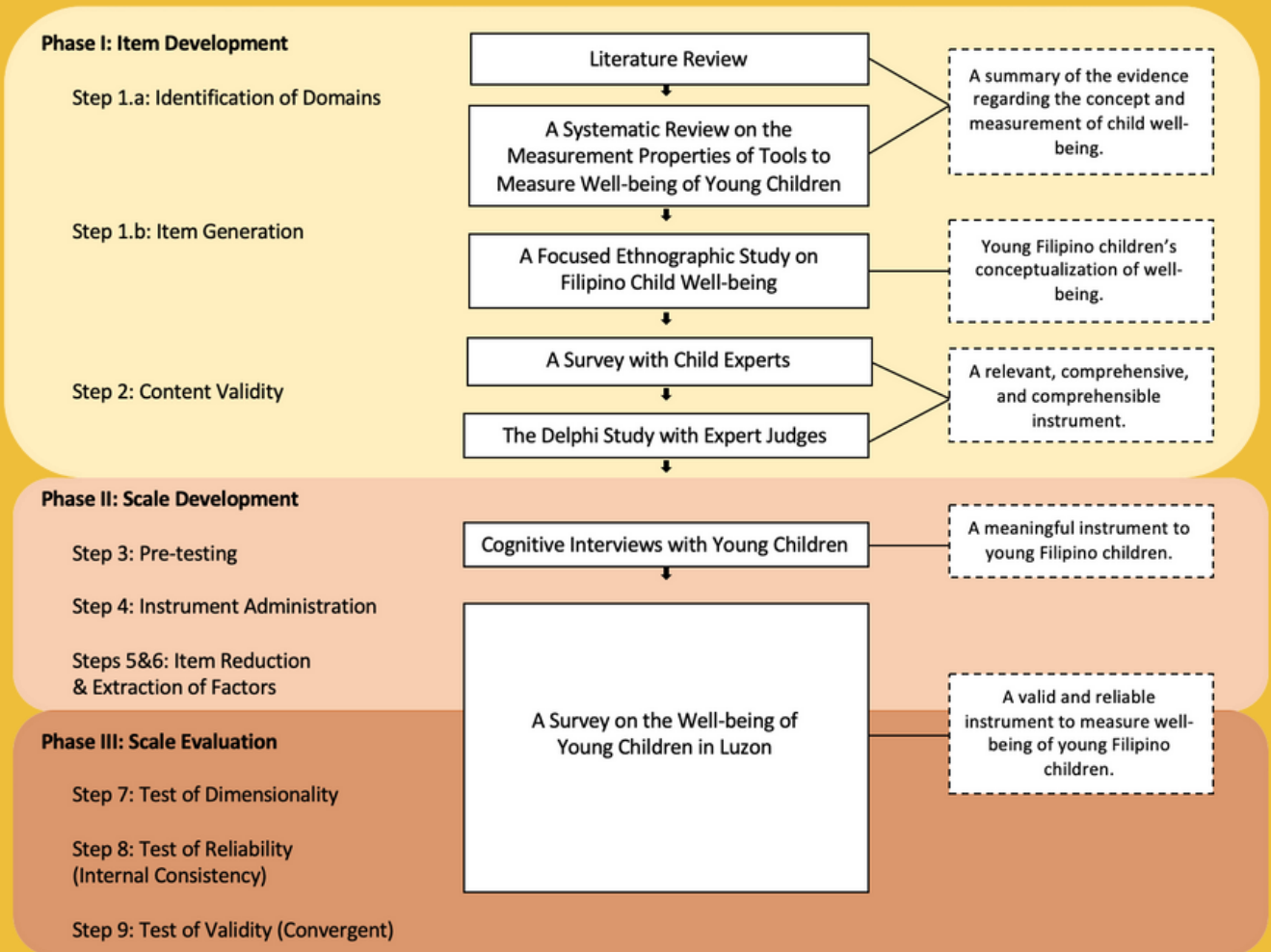
Methodology





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Results



Conclusion

- This study developed an instrument to measure the well-being of Filipino children in Kindergarten to Grade 2 residing in Luzon, considering their perspectives and context.
- The unidimensional scale has 12-items and a 3-point response option with visual cues. The instrument is administered using an interview format with the children as informants.
- Initial measurement property evaluation results are promising.
- Future research efforts will focus on validating the tool on children with disabilities.

THE FILIPINO CHILD WELL-BEING SURVEY

PERSONAL INFORMATION:

NAME: _____ AGE: _____

GENDER: Male Female SCHOOL: _____

INSTRUCTIONS:

We want to know more about how well and happy you are. To help us, answer these items by thinking about the times during the past weeks when you felt good and happy. Remember, there are no right or wrong answers! Just answer honestly and have fun!

You are to:

1. Read each item carefully.
2. Choose the figure that best shows how you feel about each one.
3. Don't worry if you are not sure! Choose the figure that feels best to you.
4. Take your time and think carefully about each figure before choosing.
5. If you want to change your answer, just choose a different figure.

HOW DO YOU FEEL ABOUT THE FOLLOWING?	RATING SCALE:		
	Bad	Not Sure	Good
1. I go to school.	☹️	😐	😊
2. I am happy.	☹️	😐	😊
3. I help my parents at home.	☹️	😐	😊
4. I feel safe.	☹️	😐	😊
5. My parents are happy.	☹️	😐	😊
6. I have lots of energy.	☹️	😐	😊
7. I watch my favorite cartoons or movies.	☹️	😐	😊
8. I do well in school.	☹️	😐	😊
9. I play at the beach / pool.	☹️	😐	😊
10. I can draw.	☹️	😐	😊
11. I have friends.	☹️	😐	😊
12. There are things I can do well.	☹️	😐	😊

