

Understanding The Wants Of Immigrant Families Of Children With Disabilities In The Occupational Therapy Goal-setting Process.

Authors

Ms. Sarah Ninan Fenn

Dr. Natasha Jojo

Dr. Claire Pearce

Dr. Stephen Isbel



Background

Why do they want the child to write when they cannot even tie their shoelace?



Introduction

- The goal-setting process is an important but challenging component in the therapeutic process between immigrant families of children with disabilities and their occupational therapists.
- Aligning the goals to the values and resources of the family is essential in establishing and sustaining the therapeutic relationship



Objective

- To explore how immigrant families of children with disabilities contribute to and influence the occupational therapy goal-setting process.



Constructivist Grounded Theory

Interviews with immigrant families of children with disabilities

Institutional Ethical Approval Obtained(Ref. No:12129)

WHAT DO YOU WANT FOR YOUR CHILD?

OCCUPATIONAL THERAPY WITH IMMIGRANT FAMILIES OF CHILDREN WITH DISABILITIES

WHAT DO YOU WANT AND EXPECT FOR YOUR CHILD THROUGH OCCUPATIONAL THERAPY? ARE YOU GETTING WHAT YOU HOPED FOR? TELL US YOUR STORY TO HELP US UNDERSTAND YOUR NEEDS BETTER.

WHO CAN PARTICIPATE?

WHO HAVE MIGRATED TO AUSTRALIA AND HAVE BEEN HERE FOR MORE THAN 3 YEARS,
HAVE A CHILD BETWEEN 3-16 YEARS OF AGE WITH A DISABILITY WHO HAS ACCESSED OCCUPATIONAL THERAPY SERVICES THROUGH THE NDIS,
FOR WHOM ENGLISH IS A SECOND LANGUAGE,
AND WHO ARE COMFORTABLE PARTICIPATING IN AN INTERVIEW IN ENGLISH.

PLEASE CONTACT

Sarah Fenn
u3220096@uni.canberra.edu.au



WHAT'S YOUR STORY?

WHAT IS INVOLVED?

PARTICIPATE IN A CONFIDENTIAL INTERVIEW WITH THE RESEARCHER
YOU WILL BE COMPENSATED FOR YOUR TIME

WHY PARTICIPATE?

YOU WILL BE ABLE TO SHARE YOUR EXPERIENCES AND THE PROCESSES YOU WENT THROUGH WHEN ENGAGING WITH OCCUPATIONAL THERAPISTS .
YOU MAY CONTRIBUTE VALUABLE INFORMATION ABOUT CURRENT PRACTICE



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Interviews with Occupational Therapists

Institutional Ethical Approval Obtained(Ref. No:12129)

WE WANT TO HEAR FROM YOU.

DO YOU WORK WITH IMMIGRANT FAMILIES OF CHILDREN WITH DISABILITIES?

Goal Setting



WHO CAN PARTICIPATE?

OCCUPATIONAL THERAPIST

- WHO PROVIDE SERVICES TO IMMIGRANT FAMILIES AND THEIR CHILDREN WITH DISABILITIES (3- 16 YEARS) THROUGH THE NDIS
- WHO PRACTICE IN AUSTRALIA

OCCUPATIONAL THERAPY GOAL-SETTING PROCESS WITH IMMIGRANT FAMILIES OF CHILDREN WITH DISABILITIES

WHAT IS INVOLVED?

PARTICIPATE IN A CONFIDENTIAL INTERVIEW WITH THE RESEARCHER

WHY PARTICIPATE?

- YOU WILL BE ABLE TO SHARE YOUR EXPERIENCES AND THE PROCESSES YOU WENT THROUGH WHILE SETTING GOALS WITH THE OCCUPATIONAL THERAPISTS.
- YOU MAY CONTRIBUTE VALUABLE INFORMATION ABOUT CURRENT PRACTICE.

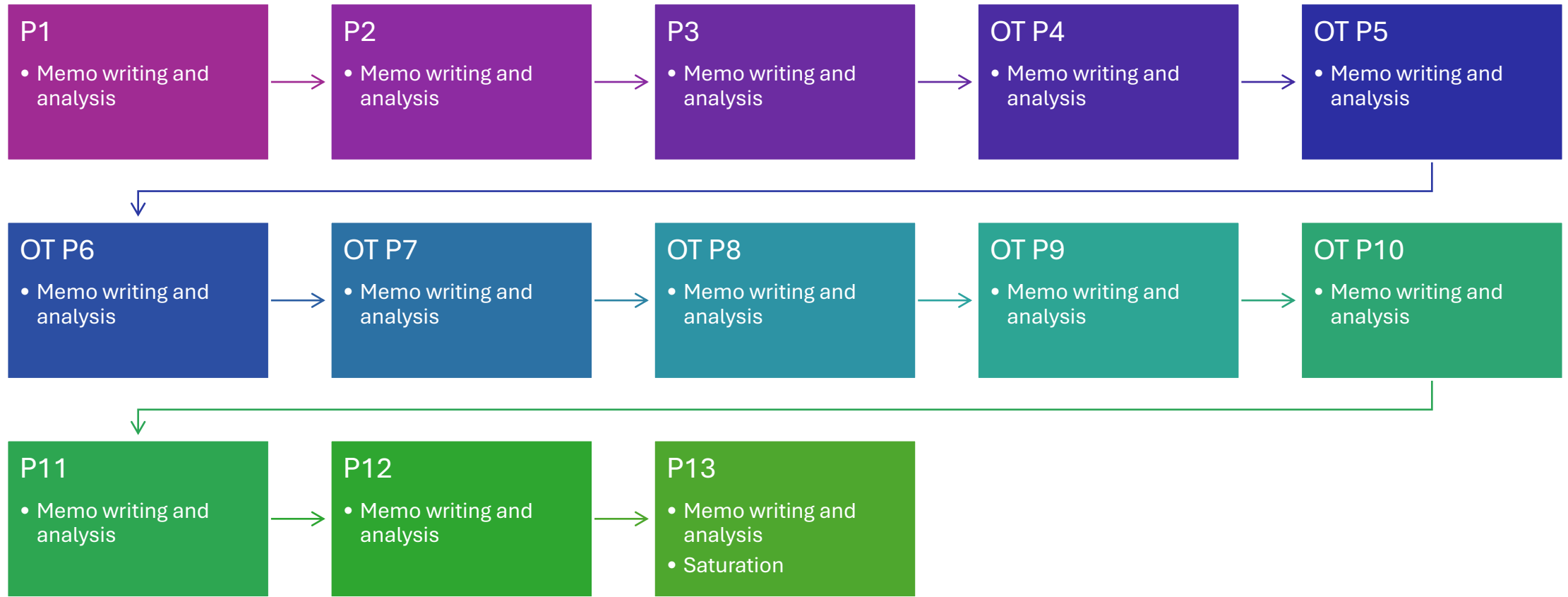
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Data Collection





So how did the immigrant families influence and contribute to the OT goal setting process?

Overarching Wants



Overarching Wants

We want her to be on par with her age(P12).

....apart from talking, I want to reduce this hyperactivity, and I want to increase the sitting tolerance (P13).

I just wanted him to talk. I was just thinking that if he starts talking, everything will be better. To talk to everyone, to interact with kids, that is our goal (P2).

...for JXXX to enjoy his daily living, enjoy his hobbies, enjoys his likes. JXXX likes outdoor activities”(P11).

...that he just needs to be social enough that he can get what you know so then he is happy basically...(P3)

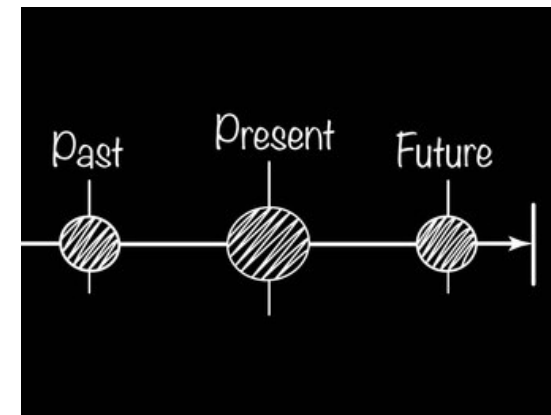
Overarching Wants

Parents articulated their innate desires and requirements for their children through their overarching wants

Revolved around their child's belonging and participation in the community

Emphasised their past, present and future orientations for their child

Their wants reflected their values, histories and contextual realities



Overarching Wants

- It was not so much the ADL but the participation in the community

Like at home like we are here. But I want to improve things outside the home like community and in the school also (P 12).

Community like access and participation.....I kind of leave that for little bit later in the process (OT P8)



Overarching Wants

Families overarching wants did not necessarily translate into occupational therapy goals. For occupational therapists, these wants were broad, unclear, and unrealistic and required refinement and further assessments to become occupational therapy goals

Once we've kind of established the general areas that we're wanting to work on, I write the SMART goals with all that specific stuff and with the time-bound and all that stuff, they're quite happy to go along with that.(OT P6)

So I think there's always something that you're doing from the get-go but maybe the goal isn't as clear and maybe that's because you need to do further assessment. (OT P7)



So, what is happening?

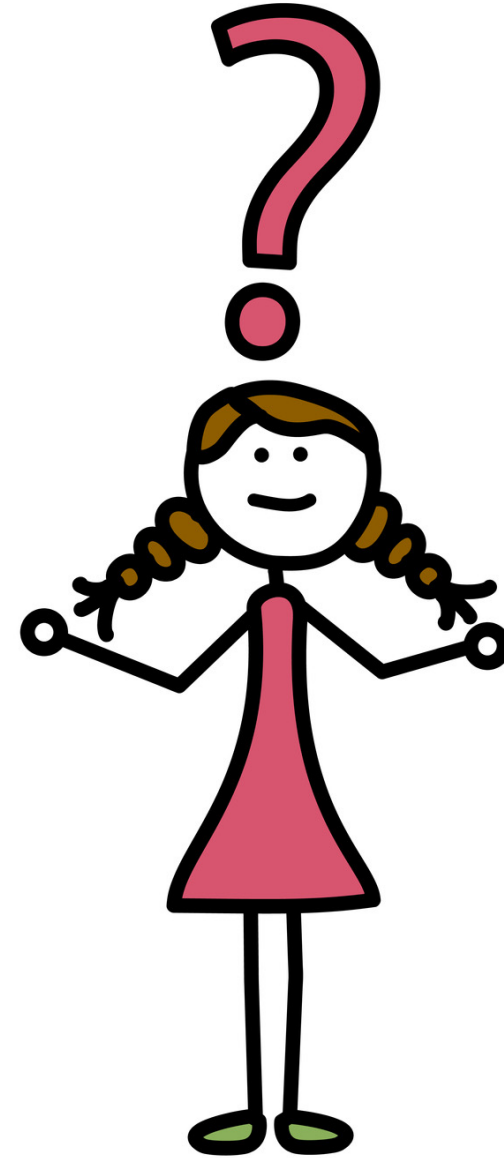
- Families and their wants are de-centered from the occupational therapy goal setting process
- The OT Goals were mainly framed by the occupational therapists who maintained their expert position.



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Any
Questions?



Thank
You

