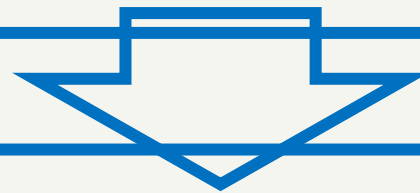


**Incorporating a standardized
judgment assessment for older
adults into the healthcare system:
A national validation study**

Rationale

**Increase in cognitive decline and
dementia among older adults**



**Reduced ability to perform activities
of daily living (ADLs), especially
more complex functions that are
based on executive functioning.**



**Judgment is one aspect of executive
function that is essential for safe and
independent living.**

Judgement is difficult to assess,

Few valid tools exist in clinical practice

Verbal Practice Judgment assessment
pilot study

translated and culturally adapted for an Israeli population of older adults

VPJ-Hebrew

Study Objective

To **validate** the VPJ-H assessment across a large, diverse patient sample (Hospital & Community Clinics).

To **incorporate** a validated tool into the standard practice of occupational therapists.

Methods

National study, 2021–2024

133 participants, age 60+

MoCA ≥ 13

Hebrew, Arabic, Russian speakers

8 Hospitals & community clinics



8 Healthcare
Facilities
Nationwide



Avg Age 74 (SD =
7.66) | 54% Female



Hebrew, Russian,
and Arabic

Results

**Convergent validity:
VPJ-H correlated with functional & cognitive
measures**

Linked to instrumental ADLs

**Discriminant validity:
No correlation with depression**

| VPJ [®] score | Judgment status | General IADL agency | Safety risk associated with current judgment & problem-solving skills | Recommendations for transitions in care |
|------------------------|------------------------|--|---|---|
| 16-20 | Within normal range | Capable of self-managing most if not all IADLs. | Low | May be able to live at home with little to no support. |
| 13-15 | Some impairment | Can self-manage some IADLs, but may require assistance for more complex, multi-step tasks. | Moderate | May be able to live at home but often requires some IADL /ADL support. |
| 6-12 | Significant impairment | Dependent and requires support for most if not all IADLs. | High | Needs an environment that provides some supervision and IADL and possible ADL support. |
| 0-5 | Very severe impairment | Dependent and needs support for all IADLs. | Very high | Needs an environment that provides 24-hour supervision and IADL and possible ADL support. |

Figure 1 The Verbal Test of Practical Judgment – Hebrew (VPJ[®]-H) summary table. IADL, instrumental activities of daily living.

Conclusion

VPJ-H validated for diverse older adults

Enables OTs to assess judgment in practice

& integrate into healthcare systems

Supports safer, independent living

Thank You

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